

Mom...Guess What!

N E W S P A P E R

FOR WOMEN AND MEN OF THE GAY COMMUNITY AND FRIENDS IN THE CAPITAL AND NORTHERN CALIFORNIA

ISSUE #49

DEADLINE: 15TH OF THE MONTH

DECEMBER, 1982

WOMEN RUGBY PLAYERS INJURED IN ASSAULT



Grim Faced rugby players in aftermath of vicious attack. (FR. L-R Jennifer Griffin, Trish Evert, Cindy Brostrom, Laura Reymore.) (Photo by Linda Birner)

by Frank Lawler &
Mark Vandervelden

Seven Sacramento area women rugby players, preparing for a routine practice session at Tahoe Park, instead found themselves victims of a brutal attack by three white males. The apparently unprovoked violence took place Monday, November 22, at approximately 7:15 p.m. As one of the women, Laura Reymore, recalls the incident, the team had reserved Tahoe Park for their rugby practice only to find that the lights had not been turned on due to rain. Three white males in their early '20's approached the women and asked for cigarettes. According to Reymore, the men started "pinching butts". They were told to leave. At that point, Reymore was attacked, sustaining a broken nose and a broken tooth. The violence escalated with the men shouting obscenities and continuing their physical assault on the women. By the time the ten minute melee had subsided, all of the women had suffered some form of injury, with three of the victims

experiencing serious injuries, including broken bones and severe cuts.

With the assistance of a 14 year old bicyclist, Sacramento police were able to apprehend a single suspect, Mark A. Costa, residence unknown.

It seemed clear to the women that the attack was motivated, in part, by the fact they were lesbian. "You don't ever think to yourself that you will be beat up," said Jennifer Griffin. "Once they got the taste of blood they wanted more...they became wild supermen, just tossing us around, and the more they did it, the more intense it got." Sacramento police arrived quickly to the scene, and according to the women, were very supportive and understanding. What lessons did the women learn? "Learn self-defense...we were in a position to be assaulted because we weren't prepared to defend each other," said Griffin. "The helpless feeling hurt more than the injuries." ■

Agnos Reintroduces Job Discrimination Protection Bill

by Mark Vandervelden

The legislature returns to the Capitol this month with the transition of executive power and a looming budget crisis on the top of the political agenda. Gay rights, too, will likely become another prominent issue in the upcoming session.

ANTI-DISCRIMINATION LEGISLATION

San Francisco Assemblyman Art Agnos intends to reintroduce AB 1, the perennial political loser aimed at curbing job discrimination against individuals on the basis of sexual orientation. Three years ago, working with the strength of a well organized lobbying effort, Agnos was able to steer AB 1 to

the Assembly floor, where it was never voted on. Two years ago, without the benefit of a well organized political effort, AB 1 failed in its first Assembly policy committee.

Why is Agnos optimistic that this year will be different? "First, the issue is not one that has gone away, but has increased in the number of people who are frightened or are fearful of discrimination in employment because of something they do legally, in private, in their homes. No matter how long it takes, it is important that legislation of this kind be consistently introduced." Agnos also cited the prospect of a more socially progressive legislature as another reason for cautious optimism.

To a significant degree the fate of AB 1 rests in the hands of the gay community itself. Agnos was critical of the lack of gay support for his legislation. "I've had absolutely no help whatsoever from the gay community in Sacramento," said Agnos. That may change, Agnos believes, because most of the local issues on the gay political agenda have been successfully dealt with, allowing Agnos to demand more time and resources from local activists.

Agnos is also hopeful that the soon to be released findings of the Governor's Commission on Personal Privacy will bolster enthusiasm for his legislation. The Commission is expected to document the nature and extent of gay related job discrimination in California.

Although AB 1 will remain essentially unchanged from previous versions, Agnos does intend to change tactics. For example, Agnos plans to tap support from the various religious denominations which have proven themselves supportive of gay rights in the past. Agnos hopes this will neutralize the significant influence of individuals such as Rev. W.B. Timberlake, head of the Carmichael-based Committee on Moral Concerns. It was Timberlake who almost single-handedly brought pressure to bear on lawmakers to reject AB 1 two years ago.

Efforts are now underway in Sacramento to organize grassroots support for AB 1. To this point, however, no single group of individuals has

emerged as principal contacts. For more information contact Assemblyman Art Agnos at 445-8253.

GOVERNOR BROWN'S EXECUTIVE ORDER

Speculation is mounting among gay state employees concerning the eventual fate of an Executive Order issued by Governor Brown in 1979 protecting gay state employees from job discrimination. Unless Governor-Elect George Deukmejian rescinds the Order, it stands as state policy. The question is, will Deukmejian rescind the order? In an Attorney General's opinion he issued on the issue, Deukmejian argued that the governor does indeed have the right to issue such civil rights protections. But, as a legislator, Deukmejian voted against gay rights legislation. He has yet to make clear his intentions on retaining the Brown order.

California State Employees Association spokesman Keith Hearn says there are no gay related job discrimination provisions in CSEA's contract with the state which could supersede the order if it was repealed. Nor, he said, are there any other provisions of law which guarantee job protection or grievance procedures for gay state employees. There are court rulings which may apply in a specific instance of discrimination, but reliance on court rulings on a case by case basis is not substitute for blanket legal protection. The fate of gay state employees, it seems, now rests squarely with George Deukmejian. ■

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MGW... Newspaper Sets Staff Meeting

Over the past four years, Mom...Guess What! Newspaper has tried to fill the vital need of informing and enlightening Sacramento's gay and lesbian community. In large part, MGW's success in meeting that need rests with the small army of volunteers, particularly writers, who have offered their talent and efforts over the years. The wealth of writing talent in the community, however, has barely been tapped. If you are an aspiring writer interested in news reporting or feature writing, MGW invites you to our regular monthly staff meeting Monday, December 6th, 7-9 pm at the MGW offices, 1919 21st St., Suite 204. At the meeting we will discuss ways to improve the paper, future story ideas, and some of the nuts and bolts of submitting a story. ■

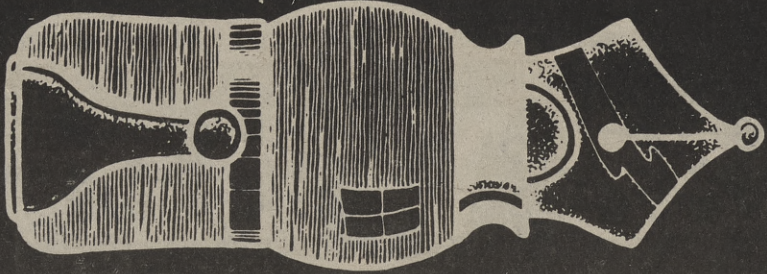
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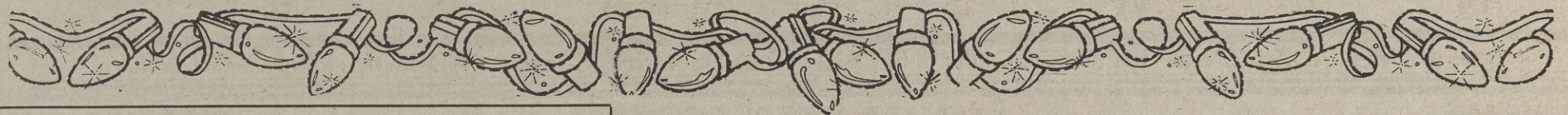
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Write!

MGW welcomes letters to "WRITE!" If at all possible, your letters should be typed, double-spaced. We will not publish anonymous letters, but will withhold names on request. Letters reflect only the opinions of their authors, not necessarily the views of MGW or its staff. Address letters to "WRITE!", MGW, Box 8170, Sacramento, CA 95818.



"Gay Vote '82" Made The Difference in the Sheriff's Race

Dear Editor:

A recent article from one of Sacramento's daily newspapers makes some interesting observations regarding the Sacramento County Sheriff's election. Two major points of interest made are: 1) For perhaps the first time in the history of Sacramento elections, the gay vote was a deciding factor in a major race. 2) Of all the individuals and groups advocating their own reasons for support of Waters, none was as vocal, as organized, as active as Sacramento gays.

Sheriff Lowe's campaign manager, Jack Davis, is also discussed in the article. The Election Day distribution of flyers smearing Robbie Waters as a gay sympathizer, and an incident in mid-October wherein "Robbie Waters for Sheriff" posters all over Sacramento County were defaced with bright pink and black "Endorsed by Gay Vote '82" stickers were attempts to make Robbie Waters look bad to the non-gay community. Who would want to do that more than Sheriff Lowe or his campaign manager?

"Gay Vote '82" was a slogan for a gay voter registration drive. Our small group of loosely organized volunteers registered approximately 1,500 new voters from July through the fourth of October at local bars, shopping malls and at a booth at the State Fair. Gay Vote '82 made a lot of people think about the importance of voting. We never endorsed any candidate. We worked at getting people out to vote.

I am excited about the results of this Sheriff's race. The gay voter registration drive and the coverage of gay community involvement in the sheriff's race in both the gay and the non-gay media were important factors in this election.

To the people in the media who gave this race extensive coverage, to the dedicated individuals who worked on Gay Vote '82, to the bar owners and staff who cooperated with us, and most of all to the people who got out on Election Day and made a difference, I give hearty thanks.

Sincerely,
Stan Hadden

MGW Note: We also would like to thank all the people who worked on "Gay Vote '82." Without them, we could still have Lowe as sheriff. Congratulations Gay Vote '82 workers. ■

To a Good Newspaper!

Dear Editor,

My thanks to you on interest taken for all concerned. The last two issues of your paper represent a good newspaper all around. Especially the coverage on the bars has been more accurate and very well written.

Thanks sincerely,
Axel Herbon, Power Plant

Gay Vote '82 Queer?

Dear Editor,

My! my! my! How sweet it is!

Ex-sheriff Duane Lowe, during his 12 year tenure, often referred to his gay and lesbian constituents as "queers". He refused to meet with, as he has consistently refused to meet people he didn't like, spokespersons from the gay community to discuss his bigoted attitude.

Gay Vote '82, an ad hoc committee organized to register and get out the vote from the Sacramento gay community, registered approximately 1500 persons.

Ex-sheriff Lowe lost the election by approximately 1500 votes. Now isn't that "queer"?

Jerry Sloan

Gay Unity Needed

Dear Editor:

I agree with "Viewpoint... by Equus." There has got to be more unity and less division and fighting within the gay community.

I worked with Gay Vote '82, the Robbie Waters campaign, and a petition drive against the Family Protection Act. The complacency, apathy, and hostility encountered make me fear that it might take the "specter of a concentration camp" to wake people up, and then it will be too late! The gays of Hitler's Nazi Germany had the same attitude and 600,000 gays woke up too late when they found themselves in the ovens and gas chambers!

Sure we beat Lowe and Doolittle but they are only "drips" in the ocean of hate. We've got a long ways to go to defeat homophobia, sexism, racism, etc., etc., and we can't win by punting all the time. Let's hold on to the football and drive for the goal line of peace and love for all humanity!

John D. Helm, Rio Linda

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Gay/Lesbian Seniors' Christmas Dance

The Second Annual Gay/Lesbian Senior Citizens' Christmas Tea Dance is planned for Saturday, December 11th from 2 to 5 pm. The

event, co-sponsored by the Golden Gate Business Association, G40+ Club, and Operation Concern, provides an opportunity for gay men

and lesbians over 65 years of age to meet and dance to 1940's swing music — all with a holiday spirit.

Complimentary refreshments, door prizes, and entertainment will be provided. Everyone under or over 65 is welcome to join in the fun and dancing. Admission is \$1 for seniors and \$2 for non-seniors. The event will be held at Trinity Episcopal Church, located at 1666 Bush at Gough Street, San Francisco. ■



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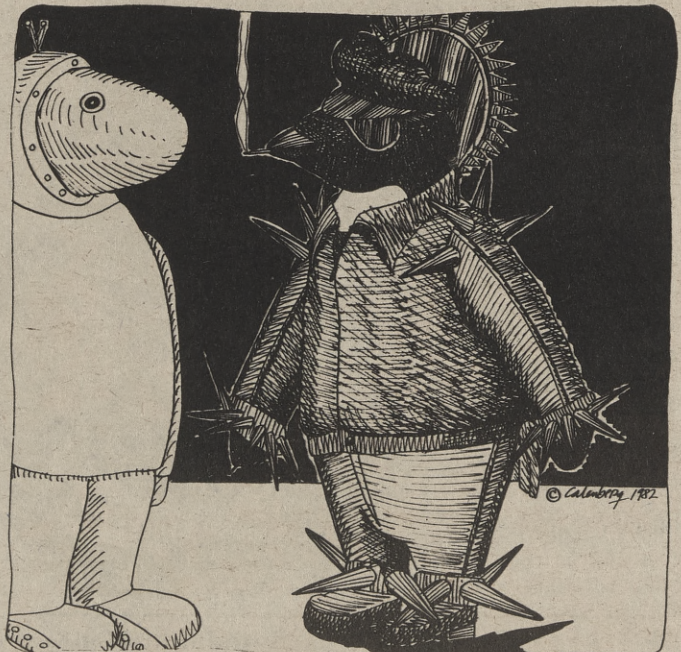
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From the Inside Out

Christmas time seems to lend itself well to reminding people to openly share feelings of warmth and compassion towards each other. Linda Birner and I would like to take this opportunity to wish all our friends a very happy holiday season.

We have been so fortunate to have so many friends who have generously given time and effort to help Mom...Guess What! newspaper continue to grow and better serve the gay community. Without our talented writers, helpful office staff, and our advertisers we would not have been able to produce our paper over these past four years.

We also recognize the support of our leadership, those people who have faithfully read our newspaper over the years and have given us helpful input to better meet the needs for Sacramento.

Special holiday wishes of warmth and success go to all those who have sacrificed time out of their personal lives to offer their talents to the many organizations in Sacramento. These groups have provided recreational activities, political information, gatherings for business owners, and a sense for community awareness.

Thank you again for making Sacramento a place we can all be proud of and for your continuing support. ■

Wishing All the Happiest of Holidays



Frank J. Lawler, Jr.

The Humanist / Feminist Viewpoint

Dressing for Success

by Jill Kelly

I am a recovering shop-o-phobic. For most of my life, I have had an unreasonable fear of clothes shopping.

As an innocent pre-adolescent, I never knew that there were people who actually liked to shop. I went to a Catholic school. All the girls wore the same blue plaid skirts, white blouses, blue cardigan sweaters. You couldn't tell the rich kids from the struggling middle-class. Shopping for Sunday clothes or play clothes was like shopping for more uniforms: my mother did it for me. I wore blue clothes, my sister wore red clothes. Life was simple.

Then adolescence struck. What you wore to roller skating parties and sock hops suddenly mattered. Kids begin to separate into two groups: those whose mothers took them to Marshall Fields and Saks, and those who shopped at Sears' and Penney's basements.

Color, style, quality of fabric were never an issue in my family.

The price tag was the bottom line. While other girls spent Saturdays with their moms meandering through department stores as if they were art galleries, my mother would propel us through Sears and Penney's as if we were in a supermarket. No lingering over racks. Pick something out, try it on, buy it. And no, we can't afford a Villager.

The last time I remember shopping with my mother was my 8th grade Graduation Dance. Dotted Swiss sleeveless dresses with crinoline skirts and big cummerbunds were big that year. After trying on at least 75, I finally found the perfect one — a darling little yellow number — at a claustrophobic teen shop called Chics 'n Chaps. Mother and I had been shopping all day in the rain; she was tired and dying for a cigarette, and told me that if I didn't like this one I could go to the dance in my uniform.

A saleslady who looked like

Bette Davis in *Hush, Hush Sweet Charlotte* accompanied us into the dressing room. Swooning with embarrassment, undressed in front of her. As she zipped me into the dress she puckered her crimson lips over yellow teeth, stared down at me over her half-glasses and pronounced, "My dear, what a terrible bra you're wearing!"

I could have died. So it was a little old. So it *did* look like some guy's stretched-out jock strap. Could I help it that my bust had bloomed two inches since I'd bought it the year before?

Needless to say, that was the last time I ever let my mother or a saleslady into a dressing room with me. Fear of Bette Davis look-alikes pronouncing sentence on my underwear (and therefore, I figured, my body) doomed me to years of furtive solo shopping. No lingering over the racks. No perusing 20 stores until I found the perfect color, fit and buy. Grab it off the rack, throw it on, hope the zipper doesn't break and the darts land in the right place, dash to the cashier, whip out the charge card, wham, bam, thank-you-ma'am.

Which explains why my closet is stuffed with clothes I never wear. Which also explains why when I do luck upon something I like, you'll see me wearing the same ensemble for weeks at a time until even I get sick of it.

That's why I'm here to sing the praise of the recent phenomenon of color and wardrobe consultants. I used to pooh-pooh them: you know, "clothes do not make the woman; all this attention to external appearances is just a capitalist ploy to play on the fears of out-of-work executives." But I feel differently now.

You see, since I got my colors done and my body type analyzed, I can sail into a store, flip through the racks looking for a limited number of styles and colors that suit me, and thumb my nose at any Bette Davis' lurking by. The nice ladies who provided me with this fashion service guaranteed that with a little bit of effort, even I can look like the Savvy cover girl.

Which brings up the only lingering doubt I have. Do I want to look like the Savvy cover girl? Do I really want to make clothes an important part of my life? Maybe shop-o-phobia is a sane reaction to an insane, appearance-obsessed world.

This may explain my recent fantasy about moving to Truckee to write the Great American Novel. There I will have no distractions. The snow will bury my little cabin so that I can't escape the Muse. And I can wear jeans, Wolverine boots and plaid wool skirts (in my colors, of course.)

Hmmm. A little knowledge is a dangerous thing. ■

exposure in not less than five minute segments. This would both limit the endless intrusion into our slumber while watching the tube and also give equal access to all candidates. Additionally, a five minute minimum would encourage real information production rather than the mud-slinging we now get. Other benefits of equal if not greater benefit would include the introduction of many more people to the list of candidates to choose from and the weeding out of those who can pose but not talk.

Those elections for local offices which would remain should provide a series of small, community based open forums. Candidates would be required to attend and answer questions from the audience as well as from each other. Campaigns could be enhanced by new television technology such as cable access and the soon to be introduced low power small neighborhood television stations.

Imagine how instructive it could have been to have Lowe and Waters meet with the downtown or any other community and answer questions from the audience. Even more enlightening would have been to allow John Newman (remember him, he jumped on the Wreck Room float last June at the after-Parade rally) to educate us about a new form of politics called transformational politics so that we did not have to face the choice between Greene (nice, but no cigar) and Doolittle (what an appropriate name). Did any of us ever get to know that we chose a man of the past rather than one of the future? Then again, do we care? We would if we had met all three and had a chance to talk with them. ■

VIEWPOINT by Equus

Politics has become the art of slinging mud through sophisticated and costly campaigns of misinformation. The most recent election produced a great deal of television, radio, and direct mail propaganda almost all of which pointed out the warts on the other person's face. Few of us have any idea whether the candidates we voted for have any, all, or even some of the characteristics we think they do. Apart from newly-elected sheriff Robbie Waters, the likelihood is that the other candidates for the multitudes of offices on the ballot this year are distant figures from a media-induced fantasy.

The appearance of Waters in our community was the first contact with a live politician for many of us. He was successful in generating interest in his candidacy because he was able to label the incumbent, Duane Lowe, as anti-gay. Waters, however, was able to do no better than offering to be not-anti-gay. He diverted attention from his own homophobia by presenting us with a choice of red-neck or dead neck.

We deserve better from a candidate for office than ignorance of Sacramento valley's gay population. Yet that is what was offered and what we either settled for or embraced as progress. Maybe it is an important step forward. Water's record will always be available at the next election.

Interestingly, little local interest was shown for the campaigns of either Jerry Brown or Tom Brad-

ley, both of whom have been more consistent and meaningful supporters of gay people and who have often caught abuse in the process. Consider whether the physical presence of Waters might not have been the important difference in attitudes developed by local gays. (Consider also the tremendous loss to each of us by their loss at the polls. Just ask a gay state employee who they would rather work for, Brown or the "Duke".)

Participation in the elective process is a necessary element to a working system of voluntary government. The original premise of the democratic method is that a significant portion of the public will understand the issues of the day and the candidates who discuss them. At the time of Jefferson, Adams, and the Revolution, few people were well informed about political matters, but the few people were permitted to vote. Largely, those who could vote were also informed because it mattered to them for economic reasons. As our society has become more open and complex a gap has appeared and widened between the right to vote and the knowledge of just what it is that one is voting about.

Whereas one could expect to meet and discuss political issues with various candidates in earlier times, that is a rare occurrence today. In place of discussion we get slick 30 second TV spots which

provide absolutely no information except for the "image" the ad makers think a majority of the voting public wants to see. This is not a substitute for informed judgment. What we need is a radically different system.

Many offices have little impact on the public from a political perspective. It has become a game the Democrats and Republicans play with us in which scores are kept and enthusiasm is periodically generated for carefully picked nobodies. Why waste our time. Let's agree that we need only to pick a few top officials who in turn appoint the others. Our attention could then be focused upon these few people and their understanding of issues we feel are important. This is especially important for state-wide offices since it is virtually impossible to tell one candidate from another except for party affiliation or the labels they project or are stuck with.

By consolidating the number of offices into a few, and the resulting sharpening of focus, we could turn our attention to the process of developing enough information to make choices among candidates. What we need to have available to us is not going to be provided by the present system.

As a substitute for TV and direct mail centered campaigns, let us collectively regain control over the process. Candidates should be allotted three hours of television

Mom...Guess What!

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by Richard La Voie

Obscenity Charges Dropped Against Body Politic

'Amnesty' Hesitates On Gay Rights Stand

beliefs as prisoners of conscience. The recent proposal would have placed the group in support of prisoners held specifically for practicing their sexuality. (*Washington Blade*, Washington, D.C.)

Constable Wants No 'Arty Poofs' on Force

Gay Bulls Baffle Canadian Farmers

will move away in disgust, the bulls in question will "host one ton-heavy bull after another, endangering their own well-being." In most cases, the only solution is to go in with a horse and rope and force the males apart. (*Body Politic*, Toronto)

Cop Sniffing Poppers Did not Entrap 'Queer'

VISTA, CA — A police officer did not lead a gay man to believe "he was a queer", said Municipal Court Judge Raymond G. Hall at a pre-trial hearing for a man accused of lewd conduct. The officer allegedly stationed himself in a park restroom for the purpose of making arrests. He held his own penis while talking to a gay man about sex. When the defendant offered amyl nitrite, the officer accepted, but later said he only pretended to inhale the substance. The judge said this did not constitute entrapment, as the officer did not mean to make his quarry think he was "queer". (*Update*, San Diego)

Police Station Spotless Thanks to Homophobia

SAN FRANCISCO — This city has one of the most sanitary police stations around, thanks to the biases of its commanding officer. According to the Police Chief, an openly gay man reported for duty with a pimple on his lip. His superior officer immediately sent him home and, assuming the gay officer suffered from a communicable disease, directed that the entire station be sprayed with Lysol disinfectant. (*Gaylife*, Chicago)

'Dirty' Version of De Profundis" Found in San Jose

SAN JOSE, CA — A professor at San Jose State University has uncovered a “dirty” version of Oscar Wilde’s famous letter to his lover, Lord Alfred Douglas,

entitled "De Profundis". A 79-year-old woman loaned the letter to Prof. Robert D. Pepper, saying it had been with her family for three generations. Pepper says that upon Wilde's release from jail, after serving time for the "love that dare not speak its name", he gave two copies of De Profundis to the executor of estate, Robert Ross, asking him to take it to Douglas. Instead, Ross edited the letter into two versions, one "clean" and one "dirty". The "clean" version is apparently the famous classic, while Pepper's copy is the "dirty" one, so labelled because of its libelous nature. The original handwritten copy is in the British Museum. (*Update*, San Diego)

Feminist Sperm Bank Gives Sperm to Lesbians

OAKLAND — The Feminist Women's Health Center has opened a sperm bank which will provide sperm to unmarried women who want to have children including lesbians, a practice few, if any, sperm banks could boast of previously. The Center also does not reject the sperm of working-class or non-Aryan donors as being inferior to well-educated, higher class white donors, and encourages donations from men of various races, colors, sizes, and backgrounds, to provide clients with a wide variety to choose from. Full information on donors is kept so that women will have a choice as to what race, color, etc. babies they can have. The Center will also provide a release form by which a donor can let his offspring know who its father was when it comes of age. Men who are having vasectomies may also use the center to make a "deposit" in case they later want more children. (*GCN, Boston*)

Survivor's Benefits Awarded to "Widow" of Harvey Milk

The San Francisco Retirement Board awarded survivor's benefits to Harvey Milk's long-time business partner and lover, Scott Smith. The controversial award

was the first ever made to the "widow" of a gay relationship. Smith, who is also the executor of Milk's estate and therefore responsible for the slain supervisor's debts, will receive a \$5,500 settlement from the Board. Such benefits were previously reserved for survivors of legal marriages. The award was made the same day that a Board of Supervisors committee endorsed gay Supervisor Harry Britt's proposal to extend to gay spouses of city employees the same benefits as their straight counterparts. Smith's award must now be approved by the state. ■

Reagan Lauds Morality from "Bully Pulpit"

WASHINGTON, D.C. — Calling the Presidency a “bully pulpit” (a crib from Teddy Roosevelt), President Reagan was reaffirmed his commitment to the social issues pursued by the Moral Majority and other far-right activist groups. “We’re not going to give up on those social issues that have to do with the morals of this country and the great standards that made this country great,” Reagan told a group of editors at the White House. Reagan may have been responding to recent criticism by Senator Jesse Helms (R-NC), who complained that the President’s preoccupation with the economy had diverted support from school legislation and other issues, including abortion and gay rights. (Update, San Diego)

Gay Rights Vetoed by Philadelphia Mayor

PHILADELPHIA — Mayor William Green said he refused to sign a gay rights bill passed by the City Council because he didn't think a person's sexual activities, as opposed to sexual preference, deserved constitutional protection. During his campaign for the mayoralty, Green said he would sign a gay rights bill if the City Council passed one. After several years' work by local gay activists, the City Council passed a comprehensive gay rights bill in August, which was rejected by the mayor on the grounds that it was poorly written and "equated homosexuality, bisexuality and heterosexuality and any practice with other constitutionally protected rights. (*Gay News*, Philadelphia)

Court Says Gay Rights Already Law in California

WASHINGTON, D.C. — The U.S. Supreme Court has ruled that California's Unruh Civil Rights Act protects everybody from "arbitrary discrimination" by a business establishment". The ruling upheld the State Supreme Court decision in Marina Point, which has since been applied in lower courts to protect gays and lesbians. State agencies are also currently applying it. (*Update*, San Diego)

*Continued
on pg. 13*

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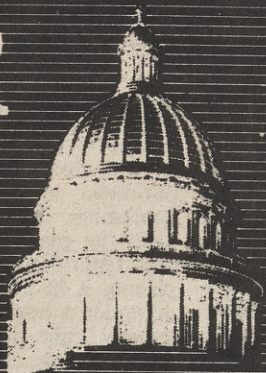
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UNDER THE DOME



Political Editor: Richard La Voie

Lobby Pressures Congress to Fight Major Gay Health Crisis

by Richard La Voie

Gay Rights National Lobby (GNRL) has begun an emergency push to get more money from Congress to fight the Acquired Immune Deficiency Syndrome (AIDS) epidemic. The Center for Disease Control, which has made AIDS its top priority, has received little funding from Congress thus far to fight the increasing epidemic which is particularly perilous, but not limited to, gay men.

GNRL's AIDS project is aimed at getting a major funding commitment from Congress. GNRL Field Associates are organizing constituents of members who sit on the House and Senate Appropriations Committees to educate their representatives on the seriousness of the crisis. Sacramento Field Associate Richard La Voie is coordinating efforts to lobby Rep. Vic Fazio (D-Sacramento), who sits on the House committee, to fight for increased AIDS funding.

A major setback in GNRL's efforts is an apparent lack of awareness in Congress about AIDS. Though there is little organized opposition to funding specifically for AIDS, Congress seems unaware that the epidemic exists, or how many people it has and will continue to affect.

Congress returns for lame-duck session November 29, and is expected to consider an important money bill dealing with health issues, including AIDS. GNRL, in conjunction with other concerned organizations, is asking for \$5 million for the Center for Disease Control to continue its AIDS research. So far, CDC has received only \$500,000 specifically for AIDS research. This appropriation is not continued in next year's funding.

"In 1982 the overall funding for the Centers for Disease Control was effectively cut by 20 percent," said Representative Henry Waxman (D-CA), Chairman of the House Subcommittee on Health and the Environment. "The administration's 1982 budget does not even keep pace with inflation and will mean a further effective cut of 7 percent. The study of these relatively rare and poorly understood diseases will surely suffer."

The National Institutes of Health spent \$865,000 on AIDS during fiscal 1982. NIH says it will shift \$3.5 million to AIDS research next year. CDC, which is not primarily a research organization, is spending almost as much as NIH (money which is taken away from

other disease programs), which outspends every other medical organization in the world on research.

Medical researchers still do not know the cause, the mode of transmission, treatment, or cure of AIDS. What is known is that AIDS drastically suppresses a critical part of the body's immune system, weakening resistance to a variety of previously rare diseases, including Kaposi's Sarcoma.

GNRL is asking gays and other concerned people to contact their representatives about the issue. In Sacramento, letters to Rep. Vic Fazio are particularly needed during the critical lame-duck session. Anyone who has contacted their representative or is interested in the issue should contact Richard La Voie at 456-5858. ■

S.F. Supes Vote for Gay Couple Benefits

In a precedent setting vote, the San Francisco Board of Supervisors has approved an ordinance extending city benefits and services to "domestic partners". By an 8-3 vote the Board okayed the plan, making San Francisco the first major employer to acknowledge unmarried lovers as dependents. The ordinance still needs final approval from Mayor Diane Feinstein, who has taken no position on the issue.

Under the ordinance, unmarried couples, gay or non-gay, who can establish that they have shared the "common necessities of life" (food, housing, income, etc.), and have been "principal domestic partners" (for at least six months), can apply for a certificate of domestic partnership. The certificate

will cost \$23, with all but \$10 set aside for a special fund to combat domestic violence. In effect, the ordinance would require the city to treat certified domestic relationships the same as marriages in granting services, privileges, and employee benefits. The range of benefits include health care, bereavement leave, and visitation rights in city hospitals and jails.

Supervisor Harry Britt authored the measure, which is being viewed as a major political victory for San Francisco gays. The proposal faced only modest opposition, principally from the press, which saw the ordinance as an attack on traditional family values. The still unknown cost of the ordinance was also a point of contention in Board discussions. ■

NGTF Begins National Toll-Free 'Crisis Line'

The National Gay Task Force has opened its toll-free CRISIS-LINE, a national telephone number which will be used to compile nationwide statistics on homophobic violence, and to provide callers with access to local hotlines and support services.

The CRISISLINE will also give callers information about groups/projects/hotlines in their communities, and in some instances will provide limited referral information about A.I.D.S. hotlines and clinics.

The NGTF CRISISLINE is open weekdays from Noon to 6 pm EST, and is staffed by volunteers who have undergone rigorous 'hotline training.' The toll-free number is 800-221-7044. ■

HEPATITIS-B UPDATE Government Confirms Safety of Heptavax-B

The federal government has confirmed that the hepatitis-B vaccine, Heptavax-B, is safe and effective, reported the Center for Disease Control's *Morbidity and Mortality Weekly Report* in September.

The Interagency Group to Monitor Vaccine Development, Production and Usage declared that post-vaccination side effects are minimal, and that no long-term reactions have been reported. The safety of each lot is tested in primates. Additionally, no known cases of hepatitis B or non-A/non-B hepatitis have been transmitted by Heptavax-B, and no known occurrence of Acquired Immune Deficiency Syndrome (AIDS) has

been associated with the vaccine.

Mass-Screening of Gays May Reduce Vaccine Costs

The *New England Journal of Medicine*, in a cost-effectiveness study, concluded that mass screening of gay men to determine immunity to hepatitis B would prove less costly than mass vaccination. Since gays face greater risk of contracting or being exposed to the virus, screening would weed out large numbers of persons who do not need the vaccine due to prior infection or exposure.

For surgical residents, however, universal screening would be more costly than universal vaccination, since screening would eliminate

fewer members of this group, which has a low prevalence of the disease but faces higher risk of exposure in the hospital setting.

Neither screening nor vaccinating was recommended for the general public, since prevalence of hepatitis B is very low except among certain identifiable groups including doctors and gays.

Fears of Vaccine Shortages Unfounded, Says Developer

Anticipated shortages of "Heptavax-B" have failed to materialize, and the developer of the vaccine says there is an adequate supply to vaccine the people considered to be at greatest risk for contracting the serious liver infection.

Merck Sharp & Dohme, developer of Heptavax-B, announced last month that no shortages have yet occurred and none are expected at this time. When the vaccine was introduced in the U.S. in July, the company warned that large initial orders could lead to shortages in certain areas because Heptavax-B was moved immediately into distribution channels directly upon government certification instead of being stockpiled.

The lengthy, complex manufacturing and testing process, which takes 65 weeks, initially led to fears that large orders would cause shortages. More than 600,000 doses of Heptavax-B have been distributed so far. ■

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Give A Living Gift

by David W. Black

Are you short on ideas for Christmas gifts this holiday season? Well, why not consider giving a living gift to your boss, friend, or to that someone special? With only weeks left till Christmas, now is the time to check out your local nursery, florist, or plant boutique for great gift giving ideas. By giving a living plant you'll not only satisfy that hard to please friend, you will be giving a living reminder of your thoughts for the years to come. Besides, no one can say that your gift doesn't fit or was the wrong color.

For your boss, why not a decorative indoor potted plant? There are so many different varieties to choose from to fit any indoor situation, that in no time at all you'll be able to scratch his name off your lengthy list. If a potted plant doesn't fit the bill, how about

giving him a terrarium or dish garden? For that personal touch, why not make your own dish garden? It's easy and so fun to do.

For your mother, a hanging plant to fill that bare corner in her living room. Or how about a potted Cattleya orchid in bud and bloom? They are not as hard to grow indoors as one might think.

For that unusual gift for Uncle John look into cactus, succulents, bromeliads, or a bonsai. They all make for the not-so-usual gift to receive and a great conversational piece, besides.

For the avid gardener on your list consider one of the many fine gardening books available. Better yet, a gift certificate redeemable at a local nursery could very well be the answer.

And the list goes on...so if you are at a loss for gift-giving sugges-

tions, visit your local nursery, florist, or plant boutique for ideas. For this holiday season give a living gift to that someone special. And remember, also, shovels make a fine gift for those who dig plants!

Caring For Your Poinsettia

Poinsettias have become as much of a tradition with Christmas as red coated Santa, jingle bells and carols, and glittering trees. Chances are you have a poinsettia sitting on your coffee table in your living room, but you're not sure how to take care of it. Don't worry, for poinsettias are not as hard to grow as one might think.

For now, just enjoy your poinsettia in all its brilliance. Just keep the soil moist, but not overly wet. Place the plant where it will receive bright light. Keep it away from fireplaces, heating vents, radiators, and hot and cold drafts. The plant does best with a daytime temperature of 70 to 80 degrees and a nighttime temperature of 50 to 60 degrees, about what you, yourself, enjoy indoors.

After the blooms fade, which may be several weeks, remove them. This will encourage new growth so begin feeding with any well balanced houseplant food. If repotting is necessary, use a commercially prepared potting soil and add perlite to make up one third of the total soil mix.

Poinsettias make an excellent indoor potted plant. But, if need be, the plant can be placed outdoors after the danger of frost. Give the plant some protection from the hot afternoon sun during the summer in our area. The plant

must be brought back indoors the following fall before the first frost.

If you wish to force your poinsettia to bloom in time for Christmas next year, begin forcing your plant starting Sept. 30. Poinsettias are photoperiodic like Chrysanthemums. In other words, poinsettias need a short day or long night of darkness to flower. Beginning September 30 to mid-December keep the plant in complete darkness from 5 pm to 8 am daily by placing it in a dark closet, room, or under a box. Be careful not to let any light at all shine on the plant during this time including lamps, street lights, and even car headlamps. However, don't think you can take an easy shortcut by keeping the plant in total darkness 24 hours a day, or you'll be short one plant. Continue giving your plant the long night of darkness treatment until the bracts have fully developed to their full color. Then pat yourself on the back and enjoy!

Q & A

Q. ARE POINSETTIAS REALLY POISONOUS?

A. Long ago, with no historical reference for its beginning, a story was told about an innocent little child in Hawaii who ate a leaf from a poinsettia and died. Since then the story (rumor) has grown. No yuletide passes without an avalanche of stories about the horror of this lovely Christmas plant — usually with a statement to the effect that "every year many children die from eating it." The fact of the matter is there are no records of anyone getting even seriously sick, let alone dying, from eating any part of a poinsettia. ■

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The Homosexualization of America, the Americanization of the Homosexual

THE HOMOSEXUALIZATION OF AMERICA, THE AMERICANIZATION OF THE HOMOSEXUAL, by Dennis Altman; St. Martin's Press, New York, 1982.

Reviewed by Jerry Exel

During the last decade, gays and lesbians have won some recognition as a legitimate "minority" with its own culture and identity. This trend has been encouraged by capitalist business, writes Dennis Altman in his new book. Capitalist society has "Americanized" homosexuality — not out of a concern for human rights, but with a view to reaping "gay dollars." (Most gay publications play on this motive when wooing advertisers.)

Altman calls this trend the "invention of the new homosexual." Homosexuality, once considered deviant behavior and evidence of sinfulness or sickness, is now commonly thought of as evidence of an inherent identity. Homosexuals have ghettoized themselves by assuming this identity with its concomitant culture and lifestyle. The trend toward gay separatism encourages an artificial sense of community, Altman believes, by perpetuating a spurious dichotomy between gays and straights. On the positive side, recognition of a homosexual "minority" has helped to repair the homosexual's damaged self-image and to foster "gay pride." On the other hand, the creation of a "gay subculture" has posed an obstacle to understanding that "homosexuality, whether acted out or repressed, is part of everyone's sexuality and has implications for many people other than avowed gays." By treating gays as an identifiable "minority," American society "contains homosexuality by making it 'the other' and simultaneously, by making it visible, poses us as a permanent reminder to non-homosexuals of the possibility of a less repressed sexuality." But the fact that fear and loathing of gays, often expressed in overt violence, still exists demonstrates that the creation of a gay "minority" is an ineffective strategy for dealing with what Altman sees as universally existing homosexual desire: ten years ago, when he wrote *Homosexual: Liberation and Oppression*, Altman had envisioned a society in which barriers between gays and straights, men and women, lesbians and gay men, would diminish, a dream which has become more rather than less remote since then. And the "possibility of a less repressed sexuality" still frightens the heterosexual majority; the "liberated sexuality" of gays often becomes a weapon against them. A chapter on "The Movement and Its Enemies" analyses the political repercussions of the emergence of a gay minority, while another looks at the "end of romance" brought about by the new sexual freedom.

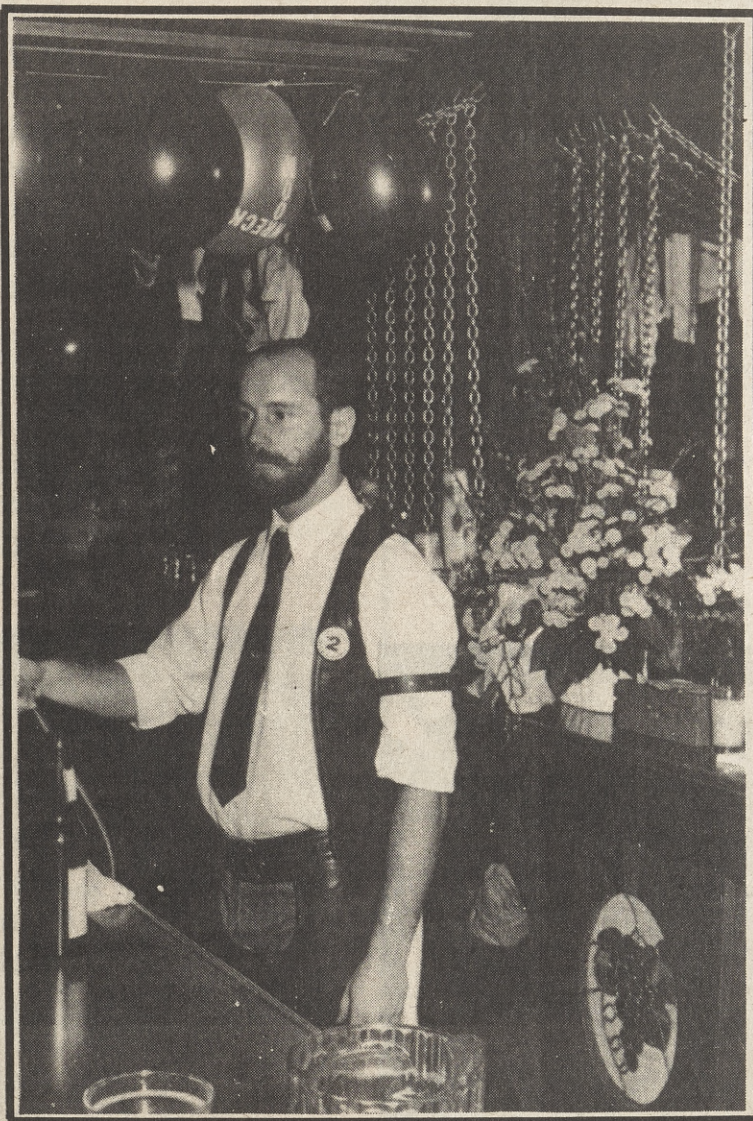
Altman also documents the growth of a specifically "gay culture," discussing its artistic and commercial artifacts and the creative people who have produced them. He notes that the very idea of "gay culture" "denies the liberal assumption that all that separates gay and straights is the choice of a sexual partner." While the identification of gays and lesbians with "gay culture" can be seen as the celebration of a somewhat nebulously defined "gay sensibility," Altman points out that "the need for psychic restitution by people who have been constantly branded as immoral, sick, deviant, and so on can lead to its own chauvenism," manifesting as claims that gays and lesbians are somehow "spiritually" or otherwise essentially different than straights, a claim Altman characterizes as "unfounded." And gay leaders who, like Altman, had hoped that gays would create a new subculture incorporating alternatives to the middle-class, heterosexual nuclear family (such as communal, non-monogamous

arrangements) underestimated the desire of most gays to integrate into the mainstream of American culture by imitating its ways.

Altman sees what he calls the "homosexualization of America" in the "collapse" of relationships and of traditional norms of sexual behavior, in which it is the gays and lesbians "who are prospecting the frontiers of new possibilities." Here Altman seems to underestimate the tenacity, among gays as well as non-gays, of the ideal of and desire for secure and (more or less) exclusive sexual coupling. "The ideological belief that long lasting relationships are a necessary part of a happy and fulfilled life" — a belief Altman admits he shares — "is being increasingly challenged by heterosexuals as well as homosexuals," Altman claims. Meanwhile heterosexual psychologists such as Mel Krantzler are writing influential books celebrating monogamous marriage and declaring that highly touted "alternative" forms of sexuality have been a failure.

Despite Altman's somewhat Utopian Marxism, his book is a well-researched and literate discussion of the psychological, social, and cultural implications of the "Americanization of the homosexual" and the "homosexualization of America." Anyone who wants to keep abreast of the important books of the gay movement will want to read this one. ■

Wreck Room Anniversary Party



The Wreck Room's 2nd Anniversary Party was a demonstration of the support from the community. Wall to wall bodies filled the bar for a fun evening of sipping and eating from a fine buffet. Flowers from well-wishers were seen everywhere contributing to the success of the evening.

Photo by Frank Lawler

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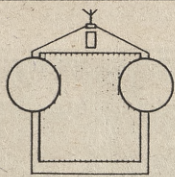
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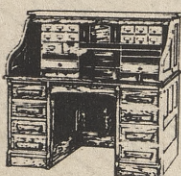
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as if we are in a doughnut store,
as if I could say: two glazed
one chocolate old-fashioned
or a jelly roll to go.
Always I am without words
I move my mouth
say nothing
What is this want?

It's not like that, I say finally
as if I don't want.
Yet I do.
I go away empty
the vacuum sucking at me.
I am hungry to put voice to the void
and still the words won't come . . .

I want
to see the bottoms of your eyes
looking into mine
beyond all images
beyond all history
beyond all wishes
beyond all hopes

I want to feel
all of your connection to me
in the tips of your fingers
in the texture of your mouth
in the flow of your breath
in the pulse of your blood.

I want to be with you
all the way up the mountain
and all the way down the other side.

I want to touch you
spirit to spirit
aura to aura
just to feel the colors
mix and swirl.

If you are with me
I will feel it.

If you love me
I will feel it.

If you run away
I will feel that too.

The body never lies,
that's what makes sex so vulnerable.
Don't you know.

David Steinberg is a writer, poet, and father living in Santa Cruz. "Untitled" is from "Beneath This Calm Exterior", a recent collection of his work. It is available from him for \$6 (\$1 postage) at P.O. Box 2992, Santa Cruz, CA 95063. David is also the author of "Broken Brothers: poems of a changing man's consciousness". ■



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McGeorge Lesbians And Gays Organize

The first meeting of the McGeorge lesbian and gay community was held during fall quarter before the exam crunch inundated us. The initial get together was attended by over 30 people evidencing support for, and the need of, such an organization. Among those in attendance was a member of the Sacramento area gay and lesbian lawyer's association who noted that the state and national bar associations do not discriminate on the basis of sexual orientation, and in fact, the bar association in Los Angeles recognizes the gay and lesbian association as a minority bar organization.

Informal discussion was held concerning the process involved in becoming a registered student organization. Further discussion was postponed until the organizational meeting which has been set for Saturday, December 11 at 5 pm. Details may be obtained by calling 451-0120 or 457-3507. All members of the McGeorge community are particularly urged to attend and participate in the forming of this supportive lesbian and gay organization. ■

Reviews

Lesbian Play Has Panache

by Bernard Spunberg

Humor, warmth, and good old-fashioned optimism are strongly in evidence in Theatre Rhinoceros' production of Jane Chambers' *My Blue Heaven*, a three-character play dealing with the relationship between two loving women who have moved from the city to the country. The women's ensemble is complemented by a man who functions as a narrator, as well as two subsidiary characters.

two strong individuals who, despite marked differences in taste and temperament, love each other, and are committed to continuing to love each other.

Ron Stark is one of those actors you keep glancing at while other actors are speaking and moving. Not that he upstages; he's just so funny and interesting that you

ultimately leaves structural expectations unfulfilled. Also, is Chambers telling us that gay life in the country is peachy, that all we have to do is be loving, responsible, and communicative and the rest of the world will turn out to be gay? We know better, and so does Jane Chambers, so the final message is a little ambiguous.



Impromptu wedding ceremony binds the women of Theatre Rhinoceros' *My Blue Heaven*. Photo by Rink.

My Blue Heaven is a gently humorous and tender look at the maintenance of a lesbian relationship in a society we know can be hideously hostile, but — surprise! — can turn out to be comfy and homey when least expected.

Gail Golden as Molly, a writer who couldn't stand teaching — "The boys go erections when they bumped into a chair" — is positively mercurial in her portrayal of a woman of passion and intellect.

Molly's lover, Josie, played by Penny Wallace, comes across a little less vividly, but playwright Chambers has not focused her so very clearly as she has Molly, with whom she seems to identify.

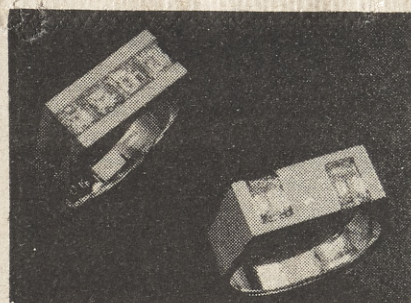
The two women have a scene in the first act which is not only acted beautifully by Golden and Wallace, but is the best writing in the play. Within what seems like an instant, Chambers reveals the nuts and bolts of the women's relationship, painting a portrait of

don't want to miss a thing. Given the hilarity written into his roles, the temptation could be to milk the laughs, but Stark spares us mugging and is much funnier for it.

Michelle Truffaut's direction keeps the show moving at just the right pace, and to call her direction inobtrusive is no faint praise. Truffaut's direction is designed to serve the play, and serve the play it does.

Similarly, the atmospheric setting by Sandra Howell and the lighting by Josephine Smith enhanced all the artists' work.

Some doubts about Chambers' play do linger. While *My Blue Heaven* bristles with memorable lines and some meaty confrontational dialogue, it also has a episodic quality that diminishes its unity and focus. What seems like a funny, farcical plot line in the first act turns out to be a dream by the end of the act, and while the dream helps reveal character, it



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Between the Covers

Book Reviews

Jane Rule in Top Form

CONTRACT WITH THE WORLD by Jane Rule, Naiad Press Inc., P.O. Box 10543, Tallahassee, FL 32302, \$7.95 plus postage, 339 pages in paperback.

Reviewed by Joyce Bright

Jane Rule, the gifted Canadian writer, has surpassed her previous works in this her fifth novel. Through a small collage of personalities, Rule examines our relationship to society. This is a large theme and Rule handles it masterfully. While not all the characters are artists nor are they all homosexual, artistic and homosexual sensibilities as they relate to the world are woven together with insightful observation.

Six characters are given chapter headings. In each chapter that character is microscopically observed as an individual, as a resident of Vancouver, as a citizen in the world who is in relationship with the other characters in the novel. Each character is picked up in sequence so that the plot unfolds as a progression in time. The novel takes place over several years.

As the story opens, Joseph spends his non-teaching time taking very long walks as a cure for his manic breakdowns. He meets various people — Allen, a gay, international photographer; Mike, a sculptor who works nights as a bar bouncer. Through these people Joseph meets others. Mike is married to Alma. Alma's best friend, Carlotta, is a painter. Allen's lover, Pierre, is the quintessential young queen who stays at home and cares for Allen. Allen protects Pierre from the world. He brings Roxanne home as a playmate for Pierre who is more child than man. Roxanne is a recording artist.

Joseph meets these people, listens to them and loves them, but

he keeps his private mania and family life from them. His best friend dies of cancer and he marries his wife, adopts his children. When his new wife tells him she is pregnant on his 30th birthday, Joseph breaks down and enters a hospital.

This is the basic structure of the novel, and it is never boring. Everyday events from separations to divorce to suicide and love affairs unfold with the regularity of a soap opera. But the real events of this novel, the psychological movements, prevent the story from slipping into soap. These characters have an anxiety, an intensity, that makes Joseph's insanity look nearly normal.

Mike and Alma divorce and Roxanne becomes Alma's lover. When Mike returns from Arizona wearing his new wealth like a medal, Roxanne sees his new Lincoln parked in the front yard and thinks, "It was nothing but a cancerous lump in his ego." Alma is, on the other hand, impressed. Alma, in an attempt to reassure Roxanne who is apprehensive about Mike's visit, says, "He's always appealed to my vanity, but you're my addiction." That is hardly reassuring.

But then Jane Rule has always chosen to present what's true over what's beautiful. All these characters love each other in the ambiguous way that makes ambivalence a part of human nature. On the surface, therefore, this is not an uplifting story. But if none of us are saints, at least Rule suggests that life is continually evolving, and we can grow, we do grow, despite the pain.

This is a thought provoking novel which invites us to look at our relationship to society. It is exceptionally well written. In *Contract With The World* Jane Rule has matured as a novelist, and she invites us all to mature with her, to take an honest look at our lives, and then to move on. ■

Come Out Smiling

COME OUT SMILING by Elizabeth Levy, Delacorte Press, N.Y., 1981.

Reviewed by Kay Buie

Come Out Smiling is a social issue book that tells how a 14 year old girl comes to terms with the discovery that her two favorite camp counselors are lesbians.

It is told in first-person narrative by Jenny, who is spending her last summer at Camp Sacajewa. As a senior camper she looks forward to having status and responsibility but she dreads the thought of this being her last stay at camp. Jenny is a typical teenager, bedeviled by her father's sarcasm, her parents' fights, and her own insecurities about being sexually, socially and psychologically "normal". Jenny is already worried that she may be "queer" because she has intense crushes on both Peggy and Ann, her riding coaches. When she, accidentally and unobserved, sees them exchange a lover's kiss, she panics. She realizes that they are lesbians and feels that, since she is so attracted to them, she must also be a lesbian. However, she says nothing and goes about her daily camp activities, even attempting to cover up her knowledge about the two women.

The story's major theme is that we must learn to accept the fact that sometimes people do things

that upset or embarrass us and that things are often more complicated than we might wish. Jenny's final, however reluctant, acceptance of this fact is shown at the end. Instead of making a silent wish that she turn out to not be a lesbian, she wishes that she be granted the courage to "come out smiling". (This is an interesting play on words. Whenever Jenny gets really angry at home she is sent to her room and admonished to stay there until she can "come out smiling". But, of course, in lesbian usage, the term "to come out" means to identify oneself as a lesbian. Therefore, the ending gives the distinct impression that Jenny may well turn out to be a lesbian and is asking for the courage to accept whatever comes and the strength to stand behind it.)

Although I found the book to be rather dull reading, and certainly not great literature, I think that its setting and theme would have great appeal to girls between the ages of about 10 and 15. While I am sure that some heterosexual parents would object to this story because of its ultimately tolerant attitude toward lesbianism, I found its non-stereotypical, nondidactic presentation quite realistic and humane. It succeeds as a social issue book by the very fact that it neither condemns nor praises any of its characters, but lets us see what it might be like if we were in their shoes. ■

The Gay Engagement Calendar 1983

THE GAY ENGAGEMENT CALENDAR 1983, compiled by Martin Greif, Main Street Press, \$6.95.

Reviewed by Mark Vandervelden

Let's suppose you one day found yourself playing contestant on a gay game show. For \$500 could you correctly guess which current First Lady and former Hollywood starlet has called homosexuals "immoral, perverted, and disgusting"? If a trip for two to pay Paris was up for grabs, could you recall the date on which Vesuvius erupted, thereby preserving forever the homosexual wall murals of Pompeii? If you are like most gay people, the answer to these and other tricky questions would elude you. Unless, of course, you happened to have the latest edition of the Gay Engagement Calendar.

Chock full of delightful tidbits, gossip, and outright innuendo, the 1983 guide is a must for the trivia aficionado. For example, how many of you knew that this February 3 marks the tenth anniversary of a shoot out between two Sacramento cops in a public toilet after one attempted to arrest the other after an alleged "act of oral copulation"? That, and more, make for lively reading 365 days of the year. With the new year right around the corner, the 1983 Gay Engagement Calendar would make an amusing and informative gift for Christmas. ■

See page 7 for Review of *Homosexualization of America*

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It's In The Stars -

Astro Holiday Gift Hints

by Max Moon

Buying a gift for someone can be an extremely challenging adventure, especially if buying for someone special. Sun Sign astrology, however, can reduce the guesswork in gift buying and save you from the dread and embarrassment of "missing the boat." By purchasing a gift with the receiver's Sun Sign in mind, they are apt to be warmly and genuinely accepted since the Sun rules one's ego and pride.

Review the following as a basis for that special someone or for those which are hard to buy for.

ARIES: Likened to fireballs in phone booths, these individuals dubbed pioneers crave new horizons and need constant stimulation to avoid boredom. Physical exercise of some form is a necessity as an outlet for that dynamic energy. Health spas or gym memberships are a thought. Sporting equipment to match their respective interests are another consideration, such as a bike or tennis racket. How about a trip to a hot, dry climate? Subscriptions to adventure and travel periodicals would capture their interest. Think red when questioning color.

TAURUS: Comfort, quality, and luxury on a practical basis are essential in gift considerations for the bull. Don't consider cheap items! A fur jacket would not be returned, nor would fine art works from a wonderful sculpted piece or a mural on the living room wall. A subscription to "Architectural Digest" or "Better Homes and Gardens" would keep them content indefinitely planning their next home improvement. Large plants, fine jewelry, and good clothing are things to consider. The opening of an IRA account with a substantial first deposit would make them absolutely devout. Appeal to their highly developed sense of touch, taste, beauty.

GEMINI: Fond of perpetual motion, these air "ites" thrive on the intellect and anything which may stimulate their curiosity. Focus on improving whatever form of transportation they may use.

Forever on the go, an answering device or service on their telephone would assist in organizing their whirlwind world. Personal stationery would be appreciated. Subscriptions to a variety of periodicals would appeal to their vast sense of the curious. Consider a trip involving a variety of both city and country interests.

CANCER: Cook books, a box of the richest chocolates, or home-related items from a wonderful vase to a wonderful home are just a few ideas to thrill the Zodiacal crab. Not to stop there, however. These sensitive people run deep in thought and psyche. A gift certificate to a reputable hypnotist would make them feel that someone finally understood their complex nature. A vacation by water would be very calming and much appreciated.

LEO: A week's visit to New York; hustle bustle shopping during the day, dinner, theater, dancing in the evening would be the ultimate for the Lion. If not Broadway, certainly season's tickets to their favorite form of entertainment be it local theater or sporting events. Consider their sense of flash and acute awareness to self image. Gold and diamonds are a perfect match for Leo pride. Keep in mind their sense of pride in self image and love for drama.

VIRGO: Health oriented with an acute attention to detail, their practical appreciation would be overwhelmed by a certificate to a terrific health spa combined with a complimentary offer to a psychoanalyst. Pay attention to every detail in your purchasing for them as they don't miss a beat. If it's clothing, make certain that it is well constructed and a good label for the money spent. Hobbies involving methodicalness and detail would be greatly appreciated. Free lessons in a quilting class would insure a warm winter for yourself next year.

LIBRA: Balance, social involvement, luxury, and artistic inclinations are key items to keep in mind when shopping for the scales. Tickets for two are a must in whatever it is that may be appearing because they love partnerships. Trips for two to vacation resorts with a variety of social events and activities would have any Libran packing at the mere mention. Fine jewelry and tasteful art objects appeal to their innate sense of beauty and fulfill their need to be surrounded by refined environments. Perfumes or colognes, cosmetology treatments, any beauty treatment is graciously accepted. Don't forget fashionable attire.

SCORPIO: Resourceful and secretive, these steamy individuals would love to swept off their feet to some exotic vacationland without anyone knowing. They're the only ones who know what they really want due to their secretive qualities. Sexual interest is their emotional motivation. If you have any idea how to satisfy those strong desires, you've given a most profound holiday gift the two of you are likely to never forget. Perhaps an assortment of body ointments or a bath house membership as a few considerations. If they are literary, a

collection of good mysteries of detective stories would satiate spare time...maybe even a collection of Carl Jung to ponder on.

SAGITTARIUS: If you can't give this archer unlimited time on a trip around the world or at least a two week vacation to a foreign country, at least make it a point to give them a lifelong subscription to the best in travel periodicals. Travel, freedom, exploration, and philosophy stimulate their sense of motivation. Gifts from foreign lands heighten their imaginative sense for adventure be it a silk kimono from Japan or a safari jacket from Zimbabwe. They'll get into it. Plan a surprise birthday party extravaganza as a header into the holiday season. They love to be the center of attention.

CAPRICORN: Climbing ever upward, these goats are easily gratified by any gift which might aid them in their career or profession. Anything from a day to day calendar to a personal computer would be immediately applied to their ambitions. However, make certain that it is a sound investment for the money you might spend as there will certainly be some sort of remark made. Just giving them cash in the hand is adequate. Sometimes they get so caught up in their sense of thrifty ambition that they forget about

their personal appearance often leaving their wardrobe questionable. Nice clothing would assist in their ever upward elevation.

AQUARIUS: BEYOND THE BLUE HORIZON is a natural for the water bearer. Any gift which might be unique, unusual, or futuristic would be appreciated. Certainly the latest in consumer inventions would titillate this air sign. New styles of clothing the jewelry intrigue them. Scientific or parapsychological periodical subscriptions strike their fancy. Plan a trip somewhere without letting them know where they're going... perhaps a trip on the space shuttle.

PISCES: Sensitive and imaginative, this sign of dual emotions is a lover of music, poetry, art, and drama. Whether it be a book on an impressionistic artist or front row tickets to the ballet, this sign of the fish will be thankful. Psychic and occult interests run deep with them as well. An astrological interpretation of their horoscope would bemuse them indefinitely. A trip to a legitimate psychic would intrigue them for years. Romance, as well, is a key motivator to this deep water sign. Cruises to exotic places, be it long or short, would catch this fish hook, line, and sinker.

Happy holidays and see you in 1983. ■

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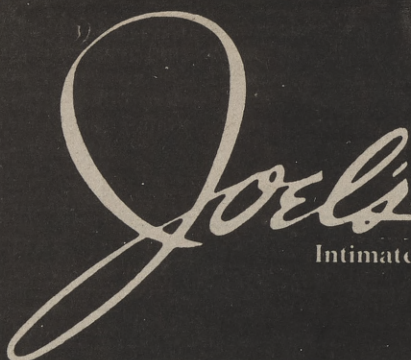
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The Closet Gourmet

A Perfect Holiday Brunch

by Robert D. Salgado

Holidays! The calendar records them throughout the year, but the most enjoyable ones for me all seem to merge at the end of the year. I like Thanksgiving because it comes so close to my birthday. New Year's Day reminds me of an ending and a new beginning. Christmas is my favorite of holidays; it takes me back to the days of my own childhood, and even though I'm grown up, Christmas still holds a very special meaning for me. The joy of shopping for or making gifts by hand for loved ones and new-found friends is unequalled. Watch the children on Christmas day as they learn and experience the joy of family. Don't fret if the jacket doesn't fit or is the wrong color. Make this a time of rediscovery and joy. During this festive time of year people will be entertaining often in one form or another - be it a big dinner, a buffet or brunch. Share good food with good people and good things will come of it.

Omelets with Italian Filling, Glazed Canadian Bacon

OMELETS

1 package 9 oz. artichoke hearts, cut in half
5 oz. fresh mushrooms sliced (1 1/2 cups)
1/2 cup finely chopped onion
2 tbsp. olive oil
1 tbsp. flour
1/2 tsp. salt
1/2 tsp. light cream or half & half
2 tbsp. grated Parmesan cheese
2 tbsp. chopped pimiento
10 eggs
1/2 tsp. salt
2 tbsp. butter

Procedure: Cook and stir artichokes, mushrooms and onion in olive oil until onion is tender. Stir in flour and 1/2 tsp. salt; add cream. Cook, stirring constantly until thickened. Stir in cheese and pimiento. Keep warm while making omelets.

2. Beat 5 eggs with 1/4 tsp. of salt. Melt 1 tbsp. of butter in 10 inch skillet over medium heat. Pour eggs into skillet and let cook until the bottom is set and golden brown; pour 1/2 of the filling mixture into omelet and fold and place onto warm plate; make second omelet using rest of the filling. Cut each omelet into 3 sections and serve.

GLAZED CANADIAN BACON

2 1/2 lb. piece of Canadian style bacon
whole cloves
1/4 cup packed brown sugar
1 tbsp. water
1/2 tsp. dry mustard

heat oven to 350 degrees

Procedure: Remove any casing from bacon; place bacon fat side up on rack in shallow pan. Bake for 45 min. and remove from oven.

2. Score bacon in diamond shapes. Stud with cloves. Mix brown sugar, water and dry mustard, pour over bacon and bake until brown, about 15 min.

These items can also be served with holiday fruit cups and sour cream coffee cake and coffee and milk. For a wine suggestion, only a simple wine fits this: Rosatello Ruffino of Italy... I hope you kept the spirit of Christmas with you throughout the year... ENJOY! ■



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Newsclips - from pg. 4

Jail Guards Fired for Voyeurism

BATON ROUGE, LA — Five guards who reportedly encouraged and watched prisoners engaged in gay sex have been fired from the East Baton Rouge Parish jail and charged with malfeasance. According to the region's sheriff, who said he was nauseated at the thought of the incident, the two guards noticed two separated inmates writing notes to each other. The officers brought the prisoners together in an interview room, where they encouraged the men to have sex. (Gaylife, Chicago)

Gays Gassed at Alaska Ball

ANCHORAGE, AK — Gays here are facing a new kind of queer-bashing: five teargas attacks occurred in the city in one week, and the perpetrators are still at large. Four gay bars featuring nude entertainment, all along 4th Avenue, were gassed, and a tear gas canister was tossed onto a crowded dance floor at the Sheraton Hotel, where 1,000 gays and lesbians were attending the annual Coronation Ball. The coronation attack, perpetrated by two unknown men, caused a mad rush for the door by partygoers in formal attire; no serious injuries were reported. (GCN, Boston)

Gay Man Bashes Mob Hit Man in Street Brawl

CHICAGO — A gay man beat to a pulp one of the mob's most feared hit men, Frank Schweih, during a street brawl September 6th. The unidentified gay man was offered assistance during the fight by an onlooker, but he turned it down. Witnesses said he did just fine by himself. Schweih was charged with disorderly conduct but failed to appear in court, and is now subject to arrest. (Gaylife, Chicago)

Jury Says Gay Porn Violates 'Community Standards'

INDIANAPOLIS — A three-woman, three man jury concluded that "Triple Workout", a gay male pornographic film, is obscene according to "community standards", and convicted a bookstore owner of distributing obscene material for selling it. The same jury decided last year that a hardcore heterosexual film was not obscene by "community standards". In his opening remarks, defense attorney Rick Kammen said "homosexuality is on trial in Indianapolis." Kammen said the jury was extremely conservative and did not properly represent the citizens of Marion County, which has a gay population estimated at 80,000, about the same as Sacramento. One of the jurors is an active member of the Indianapolis Baptist Temple, which is headed by an anti-gay activist minister. (GCN, Boston)

Gay Power Grows After Tennessee Elections

MEMPHIS, TN — The victories of three gay-backed judicial candidates are being viewed by many locals as the beginning of gay political clout in the area, and two city council members have indicated that they may court the gay vote in the next election. A candidate for district attorney general who was backed by gays lost to the incumbent, while three judges won their elections, one overwhelmingly. (Update, San Diego)

Sheep Live Gay Life Naturally in Wilds

CHICAGO — National Wildlife magazine revealed in its September issue that bighorn sheep live in an "essentially homosexual society". The magazine reports that younger males mimic females in heat and allow older males to mount them in order to learn from their elders how to survive. It was stated that, except during breeding season, bighorn sheep related to their peers not on the basis of sex, but of size (of the overall sheep, that is). (Gaylife, Chicago)

Anti-Gay Reps Face Discipline in Congress

WASHINGTON, D.C. — Congressman Larry McDonald, the ultra-conservative southern Democrat who sponsored the McDonald Amendment to the Legal Services Corporation Appropriations Bill, faces expulsion from the Democratic Caucus because of his right-wing practices in the House. An aide to Speaker Tip O'Neill said McDonald is one of many "boll weevils" (southern Democrats who vote like conservative Republicans) singled out for disciplinary action such as removal from seniority positions on key committees, or removal from committees altogether. O'Neill is said to be still seething over such "boll weevils" who promised a more liberal party line, then jumped ship and voted with Reagan's Republicans on key issues. McDonald's infamous amendment would have made it impossible for gays to seek legal help from the Legal Services Corporation, which provides legal aid to the poor. (Sacramento Bee)

Getting The Better of Bullies

Most women and gay men have been socialized to fear the straight male. As kids, perhaps we were bullied in school. Some of us were called wusses (combination of wimp and pussies) or pansies. We were taught to feel subordinate to the macho male. This fear has carried over into our adult lives for many of us. The characters have simply changed. As a generalization, the new bullies often are fraternity boys, football players and the like. As individuals, some

can be decent folks, yet in a group setting they feel the need to impress each other. Foremost is their need to uphold their macho images.

As the economy grows worse and world insecurity increases, there is a greater tendency for these men to scapegoat minorities for their own and the world's problems. This bears out in Davis with the increasing harassment of women, gays, and ethnic minorities over the past few years.

If, as a minority, you accept the fact that you are inherently weaker mentally and physically, you are a loser. However, the truth is that you can use the bullie's insecurities and stereotypes to your advantage. A person who is hassling you because you are gay and/or a woman expects you to take it. If though, you aggressively stop the perpetrator in his tracks and call his bluff you've totally screwed up his scheme of the world and how things are supposed to be.

Briefly, this is a rough overview of some of the psychological aspects to self-defense training as taught by Karla Grant. Along with the psychological aspects, Karla teaches basic street fighting techniques in a 3-hour workshop.

Karla has offered to teach a group of gay men and women the basics, on a future Saturday afternoon in Davis. She possesses two black belts and her confidence alone rubs off on you when you take the class. Approximate cost for the class will be \$5.00, assuming enough people sign up for it. If you are interested, please call Paul Harris at 916-756-0321. If you are interested in personalized instruction in martial arts from Karla or an ongoing class you may reach her at 916-441-3617. Don't wait for two lovers close to you to get beat up before you decide to take some preventive measure. ■

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Dec, 1983 MOM... GUESS WHAT! NEWSPAPER Page 13

Our Bodies Our Minds

AIDS and Immunity

Acquired immune deficiency syndrome (AIDS) is a term coined by the Center for Disease Control to describe Kaposi's sarcoma and opportunistic infections among previously healthy persons. Opportunistic infections are infections by microorganisms that are ordinarily not harmful to the human host. The incidence of AIDS has increased fourfold annually since 1979. It can be a serious condition since it has an estimated mortality of over 40% within a few years after diagnosis. It occurs predominantly but not exclusively among homosexual or bisexual males.

What causes AIDS is not known at this time. It is possible that there are multiple causes for AIDS and that the outcome for an AIDS victim may depend on the interplay of the various causes. In other words, AIDS need not be a mortal disease. What is obvious is the urgent need to determine the cause or causes of AIDS. Once the cause is identified, a rational plan to control and prevent AIDS can then be formulated.

What is known about AIDS is that a disturbance in immunoregulation is the common denominator for all AIDS victims. To understand AIDS, one must know the ABCs of immunology.

—R.S. Chang, M.D., D.Sc., Professor of Medical Microbiology and Immunology, University of California at Davis Medical School. ■

"The Acquired Immunodeficiency Syndrome of the Gay Community"

A Layman's Guide to the Immune System

by Harvey Thompson, M.D.

Antigen - antibody, lymphocytes, cellular immunity, suppressor and helper 'T' cells, complement, and white corpuscles. Sound like a Christmas shopping list for a blood bank?

Now that 80% of even healthy gay males have been shown to be immuno-suppressed, interest in immunology may rival a Bette Midler concert.

Understanding the immune system is not easy. What follows is a short course in immunology to help you understand some of the findings as the research unfolds on the acquired immuno-deficiency syndrome of gay men (AIDS).

You might remember from high school biology looking at a blood smear and seeing white corpuscles. You were told that they were phagocytes that were like vacuum cleaners, digesting foreign invaders and cleansing the body. But what were those other round cells without the cytoplasmic granules that comprised about one-third of the whole cells seen?

They were lymphocytes. The 1970s were the decade of the lymphocytes and the current AIDS epidemic is giving them center stage.

The source of the immune system are primitive undifferentiated cells found in the fetal yolk sac at 4-5 weeks gestation. They take separate paths about that time, some migrating through the thymus and therefore named 'T' cells. They then continuously recirculate between lymphoid tissues and blood. The lymphoid tissue you're most familiar with are the swollen and tender glands you feel beneath the angle of your jaw when you get a sore throat. Normally lymph nodes are NOT swollen; commonly recognized locations for these glands are the neck, arm pits and groin. The spleen is a giant-of-a-node in the left upper corner of the abdomen.

The remaining portion of the undifferentiated cells in the developing immune system become 'B' cells, named after the 'bursa' of birds when they were first recognized. Then they take up residence in the bone marrow and blood.

The immune system is divided into two major divisions: the humoral and the cellular. The humoral or fluid portion is characterized by "antibody" production from the 'B' cells' progeny, plasma cells, in reaction to a foreign protein, the "antigen". 'T' cells have a regulatory influence on 'B' cell antibody production but mostly comprise the second major division: the cellular or cell-mediated portion.

The humoral system is known to you for its control of bacterial infections. The cellular portion is mostly responsible for control of mutant cancer cells and infections by virus, fungus and tuberculosis-related organisms. The gay community seems to be having problems controlling the latter group of "antigens".

An example of the humoral system production is the antibody that follows a tetanus shot of toxin (the antigen) and lingers to neutralize the toxin from an accidental rusty nail puncture years later. An example of cellular immunity is the TB skin test when it is positive. Over the first few days lymphocytes are seen at the skin test site.

There is a connection between the 'T' cells of the cellular and the 'B' cells of the humoral component of the immune system. Remember a couple paragraphs above it was mentioned that 'T' cells have a regulatory influence on the antibody production of the humoral system? These two kinds of 'T' cells have gotten a lot of press lately: the suppressor and helper subsets.

As their names imply, the helper 'T' cells assist 'B' cells to produce antibody. The suppressor 'T' cells antagonize the helper 'T' cells and limit antibody production in the humoral system.

This system of "checks and balances" is what seems out of whack in the gay male. There are much fewer helper 'T' cells and probably more suppressor 'T' cells than normal. Therefore, the ratio of helper to suppressor 'T' lymphocytes is decreased.

You may hear your gay friends discussing their helper/suppressor ratios; it currently is a focal point of much investigation. However, the helper cell and absolute lymphocyte count may be more important.

You would expect that, because of decreased helper cells, there would be less antibody production but such is not the case. Instead there is MORE antibody production (hypergammaglobulinemia) with elevated antiviral antibodies. This paradox is unexplained. It could either be faulty 'T' cell suppressor activity or a high level of immune stimulation refractory to that suppression.

With this background, you can conjecture all sorts of possibilities to explain the acquired immunodeficiency syndrome (AIDS) of the gay community. The final answer will probably also explain Kaposi's syndrome, the gay cancer. For as you've learned, T-cells are important in cancer cell surveillance.

Possible Explanations to AIDS and Kaposi's Sarcoma

Many viruses (cytomegalovirus, hepatitis B and the Epstein-Barr virus of mononucleosis) cause T-cell subset imbalances similar to those seen in AIDS. Perhaps this high level of immune stimulation with one infection after another is overwhelming a suppressor regulation.

Or, is there a yet unknown virus accounting for the illnesses? This seems likely as some of the patients had sexual contact with each other. Many investigators believe the yet-undetected virus has a mode of transmission similar to hepatitis B. This would explain why Kaposi's sarcoma is occurring among Haitians (whose country is endemic for hepatitis B), drug addicts and gays (high incidence of hepatitis B) and hemophiliacs (hepatitis B from blood product transfusions).

In cancer the rapid growth of malignant cells seems to outstrip the T-cell capacity to ingest tumor cells. AIDS and Kaposi's patients have decreased skin test responses; perhaps this T-cell sickness of the cellular immune system permits tumor cells to escape the 'killer' cells?

Patients with Kaposi's sarcoma have been noted to have in common certain configurations in their human major histocompatibility complexes (Human Leukocyte Locus A or HLA for short). This portion of the sixth

human chromosome is the site of the so-called immune response genes. About two-thirds of gay men in New York with Kaposi's had the HLA antigen DR5 which is ordinarily present in only a quarter of the normal population. Is there a genetic predisposition to immune defects that allow the tumor to grow?

Eight of 15 healthy gay men were found to have T-cell subset ratios (the helper/suppressor) lower than normal. Seven of these eight were users of amyl nitrate. Six of the seven non-users had normal ratios. These differences lasted six months. Is the amyl altering the immune system and causing AIDS?

An intriguing late-breaking finding is that antibody to sperm has been found to cross-react with the helper T-cells mentioned earlier. Many patients with Kaposi's sarcoma have total or near-total lack of sperm. Is it possible that the antibody that eliminated the sperm also decreased the numbers of helper T-cells? ■

Learning the Hard Way About Syphilis

Taking the narrow view that I too often do, I decided to learn as I play. If I get syphilis, I'll deal with it when I get it and so did not bother to wise-up on the symptoms and learn what to look for and what to expect.

Today is my first day free of syphilis symptoms after 14 days on antibiotics, 60 capsules, 4 each day to be exact. Not having to swallow a capsule every four hours leaves me with a sense of freedom.

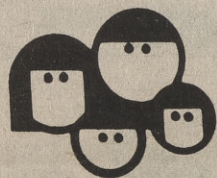
Six weeks ago was the beginning of events that caused me to realize something was wrong with me, unusually w-r-o-n-g. To start, the real beginning of unusual symptoms go back three weeks.

Early Warning Signs for Me

1. Aching-twitching in the joint of my left big toe.
2. Much pain in right shin bone, with puffyness around ankle.
3. Artery in both legs tender, the blood rushed madly thru them for several days.
4. Joints in both legs and index finger very pained, almost beyond belief (aspirin helped to reduce pain). (My doctor could not agree with me that I had a disease of the arteries; he suggested that I have a blood test to see if syphilis was present and I scoffed to that since I had a test 90-120 days earlier).
5. Mild fever, sore throat, aching as in a common cold. (Fourth week, I felt I surely had the flu and when the severe attack on my nervous system began, I blamed the fact that I was under much stress and this was causing the red bumps under the skin all over my body, save the face. Still after the fifth-sixth week I gave some thought - I H-A-D something, but dismissed it as flu with severe stress) (and hives, which I had before).
6. Twitching all over, depressing, fever feeling, pressure seemingly pressing me downward, the mind near the breaking point of going outright MAD.
7. Blurred vision, lack of energy, that total wasted down feeling, very near the point of despondency - madness.

On a visit to Sacramento Health Clinic I was found to be in the secondary stage of syphilis, having passed through the madness of the primary stage.

During the second day of the treatment, I felt such relief from the above symptoms that I laughed and joked with even strangers, almost intoxicated in the freedom from pain. ■



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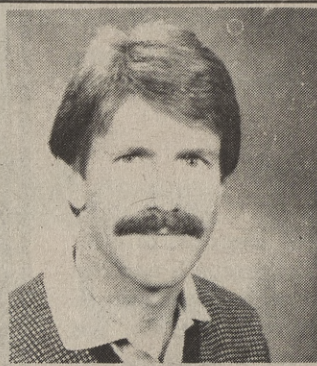
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Five New York Area Medical Research Projects Awarded More than \$30,000 by Gay Men's Health Crisis

NEW YORK, N.Y., Nov. 10 — Five New York City area medical research projects aimed at combating the devastating effects of Acquired Immune Deficiency Syndrome (AIDS), have been awarded research grants totalling more than \$30,000 by Gay Men's Health Crisis (GMHC), it was announced here today.

"We are living in the midst of a major health emergency," said Larry Kramer, Chairman of GMHC's Medical Jury Committee in announcing the grants. "New York is the hardest hit of all cities and the AIDS epidemic is the worst medical emergency in the country since polio. As of October 21st, there were 319 cases in New York and 665 nationwide. One year ago, there were only 100 cases in New York. Forty-one percent are now dead.

"That the gay community is funding a small portion of research is a testimony to the community's growing sense of responsibility for caring for its own."

Institutions where grants have been awarded include: St. Luke's-Roosevelt Hospital Center; The Mount Sinai Medical Center; Memorial Sloan-Kettering Cancer Center and Metropolitan Hospital Center. Dr. Joyce Wallace, Ginny Lehman, C.S.W. and Noreen Russell, C.S.W. were also awarded grants.

Members of GMHC's Medical Jury Committee in addition to Mr. Kramer, are Dr. Lawrence Mass, Dr. John Raftis and Judge Richard Failla. Grants were given on the relevance of the research, the promise of providing useful information and the ability of the applicants to receive additional funding.

The all-volunteer Gay Men's Health Crisis was founded in January, 1982 to educate the general and gay community concerning AIDS and related health issues, as well as offer patient services and raise funds for educational programs and medical research.

LISTING OF INSTITUTIONS-RESEARCH STAFF

St. Luke's-Roosevelt Hospital Center, Michael Lange, M.D. — \$22,400.

For more than one year, 100 gay male volunteers will be periodically examined and immunity tested. Each volunteer will be followed for five years.

The Mt. Sinai Medical Center, Frederick P. Siegel, M.D.; Memorial Sloan-Kettering Cancer Center, Carlos Lopez, Ph.D.; UCLA Medical Center, Michael S. Gottlieb, M.D. — \$5,250.

An increasingly large number of immuno-deficient gay men have enlarged lymph nodes. Some of these men develop major AIDS complications such as Kaposi's sarcoma (KS), a formerly rare and now often fatal form of cancer.

Memorial Sloan-Kettering Cancer Center, Susanna Cunningham-Rundles, Ph.D.; Metropolitan Hospital Center, William H. Stahl, M.D. — \$5,250.

This study will examine the relationship, if any, between AIDS and anal sexual activities.

Dr. Joyce Wallace — \$1,000.

A study to determine if AIDS occurs among female prostitutes.

Ginny Lehman, C.S.W. and Noreen Russell, C.S.W. — \$886.

Both women lead therapy support groups for AIDS patients.

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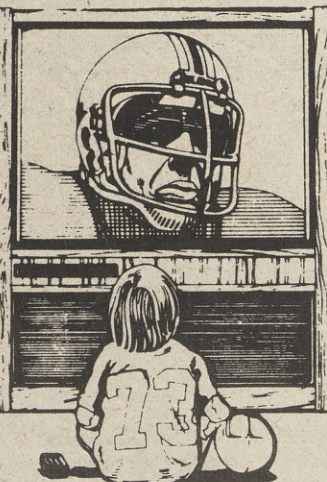
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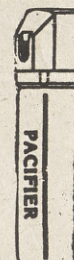
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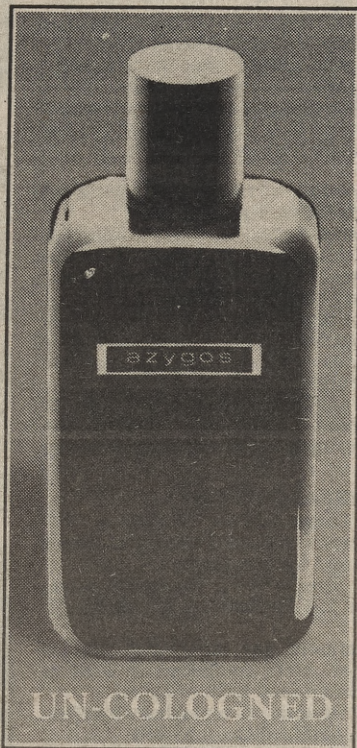
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Local Organization News

Mom...Guess What! Newspaper has long been the means by which lesbians and gays in Northern California have communicated with each other about the activities of our organizations. In order to provide our readers with information about these activities, we inaugurate this review of what is going on in greater Sacramento. Organizations are invited to send information about their activities to MGW by the 15th of each month. ■

ORCF Volleyball Continues

In its second year, the weekly volleyball activity of Our River City Family continues to be held at Sacramento City College Women's Gym. Held on Thursday evening, this activity runs from 7-9 p.m., with an additional hour devoted to a practice session for the men's power/competition team. (Please note there will be no activity on December 23 or 30 due to the holidays). All equipment is provided. There is a minimum requested donation of \$1 to cover gym rental and equipment maintenance. Currently 25-30 individuals participate each week. Due to a policy change by the Los Rios Community College District, effective January 1, 1983, there must be a minimum participation of 25 individuals in order to continue using the gym. Current participants are encouraging interested individuals to join so that this successful activity may continue.

For further information contact Paul at 447-1065.

Man to Man Goes to the Movies

Man To Man, Sacramento's alternative social group, has a new addition to its growing list of events and activities. "Movies at Home Night" will become a monthly affair hosted by a Man to Man member in his home. Movie selections will be based upon the interests of participants. Man to Man has sponsored pot lucks, dinners, socials, rafting, and other activities designed as an additional way for men to form friendships and relationships. A \$2.00 donation is requested for most functions. Support fees may also be paid on a monthly basis. For more information on Movies at Home Night call 916-391-9755. ■

Valley Gay Softball League Being Formed

The Wreck Room Stars (Softball Team) will be spearheading a drive to form the new Central Valley Gay Softball League. A committee is being formed to help develop the structure in which the league will operate. Anyone interested in being an active member of this committee can contact: Central Valley Gay Softball League, 4610 Attawa Ave., Sacto, Ca. 95822 or you can leave name, address and phone number information at the Wreck Room.

The league plans to conduct organizational business during the winter so that league play can begin in the Spring/Summer months. The potential of the CVGSL extends to teams from Fresno, Modesto, Stockton, Chico, Reno, South Lake Tahoe, Davis and Sacramento (with as many as four potential teams). One of these teams might even represent the league at the 1983 gay world series. League organizers are strongly encouraging participation by all those who have spirit for gay sports. ■



The Choral Majority will perform their bold, blaspheming songs of political and social satire at La Semilla Cultural Center, 312 20th St., Sacramento, on Friday, Dec. 17 at 8 p.m. The concert will be a benefit celebrating the fourth anniversary of the Sacramento Men's Collective. The \$5 admission charge includes a wine and cheese reception.

Sacramento Men's Collective Sets Concert Dates and 'Unlearning Sexism' Workshop

The Sacramento Men's Collective is sponsoring a busy schedule of events designed to amuse, inspire, and inform. Here's a run-down of the Collective's December activities:

"Unlearning Sexism" will be the focus of a one-day workshop presented by the Sacramento Men's Collective on Saturday, December 11. The workshop will run from 10 am until 2 pm at La Semilla Cultural Center, 312 20th Street, Sacramento. A \$2 fee will be charged.

The purpose of the workshop is to allow men to examine the important issue of sexism in a safe and supportive environment. The workshop will examine the social conditioning of sexism and how it affects men individually as men — how they are hurt by it and how they are cut off from parts of themselves. It will also deal with

ways in which men can reclaim their full capacities and take pride in themselves as men.

Although the workshop is aimed at men dealing with the issue of sexism, interested women are welcome to attend.

Singer/songwriter Charlie Murphy will present an evening of men's music on Saturday, December 11. The concert will take place at 8 pm at La Semilla Cultural Center, 312 20th Street, Sacramento. Admission will cost \$4 to \$6, sliding scale, at the door.

Murphy is a vibrant and innovative singer who has performed several times in Sacramento. He accompanies himself on guitar, and has written many songs dealing with women's struggles and gay liberation, combatting sexism, and celebrating life. He has recorded one album, "Catch The Fire," on the Good Fairy Productions label.

For more information about the events or the Collective, call 985-9669. ■

MCC Men's Support Group Hosts Holiday Events

Popular opinion to the contrary, use of MSG can be most beneficial to your health — especially if it comes in the form of the River City Metropolitan Community Churches Men's Support Group. Entering its fourth month of existence, MSG was formed by members of RCMCC interested in nurturing and supporting the gay men of our community through Christian fellowship. Participation is not confined to members of RCMCC and participation by other gay men in the community is actively being sought. To facilitate this participation numerous activities have been planned.

On Saturday, December 4, a Christmas Tree cutting party is planned. As a gesture of outreach to the entire gay community this activity will be open to all. A caravan will form at RCMCC (2741 34th Street at Broadway) at 8 a.m. The proposed destination is a tree farm outside Plymouth. Plan on bringing a picnic lunch and a friend (children are most welcome).

On Friday, December 17, a potluck will be held in the home of Eugene, Paul, Ken and John starting at 6 p.m. A Christmas caroling trip is planned to several of the area bars followed by hot coffee and chocolate. You may wish to note that this activity with be ongoing and will rotate among

GNIE Annual Community Awareness Award to be Presented at Christmas Party

Three years ago GNIE created a Community Awareness Award to recognize the individual or organization whose efforts throughout the year have contributed to the growth, welfare, and benefit of the Sacramento gay community. Last year's recipient was Mom...Guess What! Newspaper. This year's award winner will be honored at GNIE's Christmas Party, Sunday, December 19th, 7 pm at the Parking Lot. Grand Marguise, Carol McFarland, will host an evening of light entertainment and food. There will be a no-host bar, but the rest of the night will be free as GNIE's way of saying 'thank you' to the gay community. ■

GNIE Sets Bingo Benefit

In lieu of the normal \$3 door charge to play bingo, GNIE will be asking for a donation of \$3 worth of canned foods at the next monthly bingo to be held on Monday, December 6th, at the Mercantile Saloon. In keeping with the spirit of Christmas, all canned foods collected will be donated to a local charity as yet to be designated by Emperor Doug and Empress Billy.

In addition to the bingo games, Grand Duke Chuck and Grand Duchess Marci will be selling tantalizing and hot chili served with crackers. Net proceeds of the chili feed will go towards the purchase of toys for needy children. Your callers for the evening will be Doug and Billy. Bingo starts at 8 pm. Help us help the needy! ■

Valley Knights To Host E.T. Xmas Bash

Sacramento's Gay Olympic medalists will be presented at the Valley Knights Motorcycle Club's annual Christmas benefit on December 11. The club wishes to give the community a chance to recognize and congratulate the winning athletes who represented Sacramento at the recent Gay Games in San Francisco.

The show, to be held at Turn Verein Hall, will be signed for the hearing-impaired. Gary Johnson of the Metropolitan Community Church has volunteered to translate the proceedings, as the Valley Knights do not wish to exclude anyone who might enjoy the evening.

The theme for this year's show is "Extra-Terrestrial Christmas" and those who attend are encouraged to reflect the theme in their attire. A costume competition will be held. For those who would like to perform, applications for the talent

competition are still available from members of the club.

The proceeds this year will benefit The Aquarian Effort which maintains a medical clinic and counseling services used by many members of the gay community.

For more information: Ryder B. Crystall, 663-2255.

Lovers Legal Protection Plan Complete

The "Lovers Knot" has recently been introduced to Sacramento by local attorney Phil Hoskins. Hoskins describes it as an innovative package of legal documents for unmarried couples who wish to complete their commitment to each other. Included is a Will, a Durable Power of Attorney and a Couples Agreement which together provide much of the same protections afforded legally married couples under California state law.

"Most couples avoid facing the realities of life around them and fail to protect each other from economic disaster and legal hassles," Hoskins said. At a relatively low cost these protections are available and easily obtainable as a set he calls the "Lovers Knot".

In addition, Hoskins will team up with Dan Rudd, a local counselor, to provide weekend workshops for couples designed to provide them with the legal protections of the "Lovers Knot" as well as the emotional advantages of professional counselling while working out the legal and non-legal agreements between couples. The workshops, which will begin in January, will help reduce the cost to those couples who choose to develop their agreements in a small group setting.

Additional information about the "Lovers Knot" and the coming weekend workshops can be obtained from Phil Hoskins at 444-9939. ■

Search Continues for Community Center Site

Our Community United, the group formed to establish a Sacramento Gay Community Center, is continuing its search for space and clearer purpose. At its last Board of Directors meeting OCU discussed a wide range of services and activities which could sustain both the finances of the Center and the interests and enthusiasm of the gay community. La Semilla Cultural Center located downtown was offered as a model for the kind of facility which could offer films, poetry readings, lectures and other activities presently unavailable to the gay community at large. At this point, no additional activities are in the works until the OCU Board is ready to present a plan of activities to the community and ask for its support. The next OCU meeting is set for January 17, 1983 at 7:30 pm at 1813 K St., Sacramento. Call 443-5596 for details. ■

Snow White Champagne Ball for Women Set for December



The 7th Annual Snow White Champagne Ball has been set for Saturday Evening, December 18, 1982 at The Victorian, 917 H Street in Sacramento from 9 p.m. to 1 a.m.. The Snow White Champagne Ball is a private, semi-formal Christmas Party for women only. The Ball was established 7 years ago so single and coupled gay women could celebrate the holidays together in a grand and formal setting!

Tickets are available at \$15, which includes champagne, hors d'oeuvres, live music, a beautiful Victorian mansion, and a no host bar. For an invitation and/or tickets, mail a check and self-addressed stamped envelope for ticket return by December 13 to Linda D. Birner, 1919 21st Street, Suite 204, Sacramento, CA 95814. (916) 456-5858/ No tickets will be available at the door. ■

Bar Stool

by Warren "Scoop" Hull

It's time again for one of "the" social events of the Christmas season to be held in the Sacramento area — "The Sixth Annual Valley Knights Christmas Benefit Show." This year's extra-special theme is "Extra-Terrestrial Christmas." There'll be a talent show of course, a raffle, a no-host bar, prizes and surprises, E.T.c., E.T.c. Everyone is encouraged to dress up and the member of the audience with the best theme-related costume will get a prize. Black tie and/or black leather are okay too. The profits from the show will be donated to the medical clinic of the Aquarian Effort and the Valley Knights expect a sellout crowd. So try to get a ticket if you can. The Valley Knights Christmas Show is something to phone home about.

Visions of sugarplums danced in their disco — Anna Maries promises a Christmas stocking full of fun at their Christmas party on Sunday, the 19th, 4 p.m. til ? (the day after the Snow White Champagne Ball). There will even be a fashion show using local women as models. So join them for some Christmas cheer, and many surprises throughout the evening.

The women in the Capitol area and all of California can look forward to The Snow White Champagne Ball on Saturday, the 18th. Free champagne will be served until 11 p.m. and there will also be a no-host bar. It's a great time to get all dressed up in your holiday finery and have an unforgettable time at a very classy affair. No tickets available at the door. Call 456-5858 for an invitation.



Pictured above are two of Sacramento's regulars caught by surprise in front of the Wreck Room. See if you can guess who they are!

Scoop hears The Wreck Room's anniversary was the huge blow-out you'd expect it to be. Unfortunately Scoop missed it all but Frank Lawler, Mark Vandervelden, Richard La Voie all made it from the MGW staff, as always, everyone's still talking about the great time they had there. (Look for the pig that Frank Holt presented to the bar. Another example of his generosity.)

The Gold Nugget Room at The Parking Lot is picking up quite a following. Whenever Scoop asks a woman he's just met if she's ever been to the PL she usually says something like, "Oh, yes. I've been to the Gold Nugget Room." Especially for their pool tournaments. On Dec. 2nd the winner of the pool tournament will receive a trip for two for three days, two nights at the Sahara Tahoe, including dinner, lounge show, and eight dollars cash. Sign ups are from 5 p.m. to 8 p.m. (sixteen competitors will be chosen, five dollars entry fee). The games begin at 9 p.m. Don't get caught behind the eight ball. Even if you don't know how to hold a cue stick you may meet someone who'll cue you in.

Gary is playing the Gold Hugget on Wednesdays from 8-12 and encourages other local musicians to jam with him. Thanks also to the PL for the excellent Halloween party. They really went to a lot of preparation to ensure that everyone had a great time, and everyone did.

Frank at The Broadway Ltd. welcomes aboard two new DJ's to his bar that he says are the best in the business. Another plus for this ever-changing bar. And by the way, if you still haven't eaten there you don't know what you're

missing. Bob, the chef, works wonders.

Women, are you looking for a conversation bar where you can converse rather than cruise? Don't miss watching the crowds grow bigger at the Diamond Butterfly in Rancho Cordova. A bar where everyone can enjoy themselves. Look for Rita's pool tournament Turkey Shoot this month.

Get out that Christmas list and check it twice. La Kish at The Mercantile Saloon doesn't care if you're naughty or nice as long as you show up for his auction on the 14th. All the money raised will be donated to G.N.I.E. so that they can get a quality speaker system. And if you've got something you'd like to donate get in touch with La Kish at the Merc anytime before the 14th.

Ernie "Views from River City" Brown and Bobbette will hold a party at the Merc on Dec. 20th to obtain gifts for the children of gay parents. Bring a small gift marked for a boy or girl. That, as they say is what Christmas is all about so make this event a big success. Happy hour starts at 5 p.m. Santa arrives at 7 p.m. And if you want to exchange Christmas cards with your loved ones (or soon to be loved ones) Santa will be doing that too. By the way new prices at the Merc are \$1.25, but that's still in line with the other bars in town.

The San Francisco Beat. The bars, boutiques and bistros in the City are always filled with the finest music around. At times you can hear the beginning of a song at one store and walk down the street to hear the end of the song in your favorite bar. Currently popular along Castro Street are "Boys Town Gang," Margaret Reynolds, Yvonne Elliman (remember her?) and Loverde (who can be seen on "Dance Fever" this month). These artists are all on Moby Dick records (Dick Bonaiuto, sales manager), and are available in the City at Ron's Records (2354 Market) and at Tower Records here in Sacramento. So give them a twirl.



Sacramento enjoyed one of the most festive Halloween weekends ever. Outrageous costumes were the norm for most of the local watering holes. Every bar in town sponsored various activities and contests bringing out some very funny, crazy, campy, colorful, wild, sexy characters.



The recent Junior Mr. Macho contest held at Bojangles drew hundreds of onlookers to judge for themselves which of the nine contestants would fill the job. Each contestant dressed as a "macho man" and then participated in a bathing suit competition. Finally, each competitor answered one question for the judges. Contestant 4, Charles, took the title for 1983. Organizer and last year's Junior Mr. Macho John Bryant dazzled the audience with his strip number and acted as master of ceremonies along with Emperor Doug and Empress Billy, co-sponsors of the event. Money raised at the door went to the Kaposi's Sarcoma Foundation to help towards research to fight this disease.

RCBA Holiday Party Set at Club 21

The River City Business Assn. wishes to invite the entire community to its Christmas/Hanukah/Winter Solstice Party at the Club 21, Thur., Dec. 16, 8 p.m. The party will be free, with plenty of food, and a raffle (tickets 50¢ ea. or 3/\$1). For more information on the evening call Steven at 453-0574. ■



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Aunt Gladys

Are There More Gays These Days?

Dear Aunt Gladys:

I have been puzzled for some time about the number of kinds of gays I seem to see nowadays. I am now in my sixties and it seems to me when I was growing up there were not so many gays as there are now. And today I think there are more different kinds. I don't mean just those into leather and bikes. But people who don't even look gay turn out to be. Do you think that this is true — that there are more different kinds of gays now than 30 or 40 years ago?

Wondering in Sacramento

Dear Wondering:

No, I don't think there are more gays today or more different kinds of gays now than when you were growing up. Nor for that matter a hundred or a thousand years ago. What I think has changed is the visibility of more gays. As a result of the various Lib movements, more gays have come out of the closet. At the same time more people have recognized that there is more than just one pattern or life-style. One doesn't have to grow up, marry, and have to have a family. There are alternatives based upon one's preferences and not just a single pattern that society seemed to demand. I think that religious and social pressures forced people into a lifestyle that may not have been meant for everyone. Within the last two decades, people have found that they can be themselves with less threat to their jobs, which has always been a very big factor and still exists in lots of areas.

Time was when only the very largest, most cosmopolitan cities had gay bars, and these were pretty often rather sleazy. As a result, only your less desirable types frequented them. It was revealing of one's preference to go to a gay bar at the same time that one was forced to associate with uncongenial types. Nowadays all types meet in social groups, whether at bars or societies, and the professional, the white collar,

the blue collar, or what have you, can be himself or herself. One doesn't have to be a screaming queen or act like a truck driver to make the scene. I think this is why you are seeing three-piece suits, shirts and ties, and more formal female attire, because one doesn't have to change into the anonymity of a very casual clothes to keep from revealing one's job or profession. The state worker, the teacher, or real estate broker can go from the office and meet friends in his/her business clothes.

There is also another aspect to the whole liberation of the gay scene in that as more and more so called respectable people have come out there is less stigma attached to being one of "them." At one point, to be gay was to identify with very limp-wristed boys who were more effeminate than most women or the so-called truck driver in drag. What has probably delayed the Gay Lib movement more than anything else is that the substantial, respectable gays have not wanted to be either identified with or represented by the screaming faggots or the truck drivers. I don't mean this as put-down of anybody. But it is a simple fact that a great many gays lead reclusive lives because they do not want to be associated with these elements. To put this another way is to say that a physician and a handyman might not gravitate to each other socially, not because there is anything right or wrong or better or worse about either one of them, but simply because they have nothing in common.

There is a dilemma that many older gays face because, while they appreciate and enjoy many of the advantages that the Lib movement has accomplished, they have done little or nothing to help. And very often the reason for this lack of support stems from the unwillingness to be associated with people whom they snobbishly look askance at.

Dear Aunt Gladys:

Against my better judgment I took up with a married man, father of three kids, who told me at the start that we could be together one or two nights a week and every other weekend. This has worked pretty well for almost two years. But I'm beginning to feel that I want more. I want a real full-time lover. What should I do? Should I send my guy packing? Or should I hang in although he has made it clear that he has no intention of leaving his wife?

Wanting more in Sacto

Dear Wanting:

I think you've answered your own question. You knew in the beginning it was only a part-time affair. You are in the classic position of the "other woman," except that your guy was honest in the beginning in telling you he had no intention of leaving his wife. So, you got what you bargained for. If this isn't enough, then get out and go find more. On the other hand if you are going to stay in the relationship, quit-yer-bitchin.

Dear Aunt Gladys:

I work in a very proper office. Another guy there keeps giving me the eye and making suggestions that we ought to get together after work for more than just a drink. I have hesitated taking him up on his offer because I know he is married, and I don't want to get involved with a married guy who works this close to me, even though he hints that he and his wife don't get it on. Do you think there would be any future in establishing a relationship with him? He sure is very attractive, and I could really go for him.

So Far Only Looking

Dear So Far:

Read the above letter. It seems to me so many people fail to face the simplest facts of life. I can understand someone wanting extra-curricular activity. They usually have fairly little to lose. But to take up with a already committed person seems to me to be courting disaster. All "other women" have had to face living without holidays and without the basic social companionship that is needed for a relationship. You may not be able to be seen together in public, or be able to go places and do things together. It seems to me, as in the case of the above letter, that you soon want more, especially so if you really care for the other person. I think you will find as time goes by that he has everything going for him, and you really have nothing. I think you ought to consider that you are entitled to more, and not get started on what is bound to end up a bummer. ■



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10 am MORNING EYE OPENER
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\$1.50 7 pm For November:

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9th	Vegetarian Casserole, Salad, Bread.
16th	Half Game Hen, Salad, Rice.
23rd	Beef Stroganoff, Salad, Rice.
30th	Creole Meat Loaf, Noodles, Salad.

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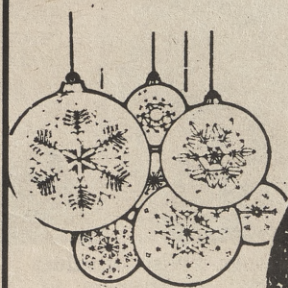
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Prize Awarded for Best Theme Costume

Film Highlights Lesbian Forum

by Kay Buie

A Lesbian Forum, sponsored by Elizabeth Harrison, M.D., and the Sacramento Women's Center, Inc., was held at the 24th Street Theatre on October 23. Mary Lou Hyde, LCSW, moderated and about 65 people attended.

Four workshops were included on the program, focusing on Lesbian Couples, Third World Lesbians, Children of Gays, and Lesbian Mothers. Paintings by Cynthia Seawomyn and photographs by Remy Ceci, both local artists, were on display.

The Lesbian Couples Workshop was chaired by Phyllis Kaufman, LCSW, and Dr. Elizabeth Harrison, both from Sacramento-Davis Medical Facility. These women discussed their insights gleaned from several years of counseling Lesbian couples. One major problem that they described in detail was that of "fusing," that is when two partners become so close that they begin to lose their individual personalities. This can result in each partner feeling smothered, rejected by the other partner, a loss of sexual drive, heterosexual panic, boredom, and/or a perceived need for extra partners. Kaufman and Harrison explained that this condition could be eased by creating a sense of personal and physical space from one's partner, and by taking assertiveness training. They emphasized that, far from being rejecting or destructive, some sense of individuality and space adds interest, excitement and strength to a relationship.

The Third World Lesbian Workshop was convened by Maria Hernandez, President of Advocates for Gay and Lesbian State

Employees, and Rita Wedding, a counselor for Women's Stress Alternatives. Hernandez, a Latina and Wedding, a black woman, both pointed out the schizophrenia of feeling identified on the one hand with a heterosexual racial minority and on the other with a Lesbian and Feminist movement that is basically white, racist and middle class. Both women felt they were constantly being put in a position of having to choose one identity over another and both called for the ideological and social integration of the Lesbian, feminist and Third World movements.

The "Children of Gays and Lesbians" workshop was led by Kristine Belnap, LCSW, who has done psycho-therapy with children for some years. She recently talked to eight children between the ages of ten and sixteen who had Lesbian mothers. All of the children said that they were glad that their mothers had told them about their sexual orientation, though some were angry that they had not been told sooner. Belnap considered it important that children be told about their parent's homosexuality before they reach puberty, since adolescence is a time of strain and sexual confusion to begin with. Belnap also stressed that the parents' own attitude about their sexuality is most important. If the parents act furtive and ashamed the children will likely react negatively, but if they approach the subject in a positive manner, the children will, in turn, feel more accepting and comfortable. Belnap saw no significant differences between children of gays and children of straights.

The final workshop, on Lesbian Mothers, was chaired by Terrie Lyons, MSW, who has done an anthropological study of Lesbian mothers' social support systems.

To her surprise, she found that Lesbian mothers were just as close to their families and ex-husbands as were heterosexual mothers, and that Lesbian mothers encouraged their children to interact with the ex-husbands more than did the straight mothers. Though the Lesbian mother's family might feel some initial rejection toward her homosexuality, it was usually softened by contact with the children. The only difference Lyons judged important was in the attitudes surrounding child custody. While 50% of Lesbian mothers had actually been threatened that custody of their children might be challenged because of the sexual orientation, between 96% and 97% were frightened that this might happen. Lyons speculated that the custody fear might serve to mask other, more immediate, psychological problems. She found also that it was more important for Lesbian mothers to have a social network of other mothers than for them to have other Lesbian friends.

A film entitled "Greetings from Washington, D.C." received enthusiastic applause as well as some joyful tears. Introduced by Hyde as a gay "Up With People," the film was a celebration of the 1979 National March on Washington, D.C., for Lesbian and Gay Rights. It showed emotionally charged glimpses of participants ranging from a 74-year-old feminist therapist who had been out for two years, through a middle-aged black Lesbian with two adult Lesbian daughters, to a young man proudly bearing a sign proclaiming *Homo superior*. (This rousing film is available from Iris Films, 20209 Essex St., Box 5353, Berkeley, CA 94705. Phone: (415) 549-3192. Rental fees are \$50 to \$70.) ■

"Superwoman Must Go," Says Goodman

by Jill Kelly

Declaring that "there are limits to the kinds of success you can dress for," Pulitzer Prize-winning columnist Ellen Goodman addressed a predominantly female audience of over 500 at the Sacramento Community Center on November 12.

Goodman's topic was "Can Women Have It All?", and her answer was a qualified "no."

"The result of women's drive to succeed in the professional world as well as in their traditional caretaking roles has resulted in the impossible 'Superwoman' ideal," Goodman explained. "Superwoman is the one who has changed without upsetting society or men. She's added one set of expectations on top of another."

According to Goodman, the feminist movement has resulted in women adapting to male values, but the reverse has not been true. "Women have more permission to achieve professionally, but they are still the primary caretakers in our society. Men have not adopted those traditionally female roles."

The self-described "observer of social change" labelled the 1980s as "the Decade of Ambivalence. There have been two approaches to change: a leap into the future which women experience as anti-family, or a retreat to the past which requires women to stay tied solely to caretaking roles. Women today feel torn between these two undesirable options."

The task is to create a "new middle — trying to change conservatively." She believes that a more careful approach to change that reintegrates past values into new roles for both men and women is called for.



"We are seeing a crisis of values in this society: achievement vs. caretaking. It has caused a split in the national psyche."

Goodman proposed that continued organizing among men and women who want to heal this split is essential.

"My grandfather used to say, 'Alone, you get borscht!' And as Jack Kerouac once said, 'Walking

on water wasn't built in a day!'"

Goodman's lecture was part of the Focus '82 series, a fundraising effort for the Sacramento chapter of the National Organization for Women. The next lecture will feature Sheila Leurant de Bretteville speaking on "Feminism, Art and Private Enterprise" on Saturday, December 4 at 10:30 am at CSUS Student Union. ■

Adult Christmas: Time For Your Second Childhood?

by Will Green

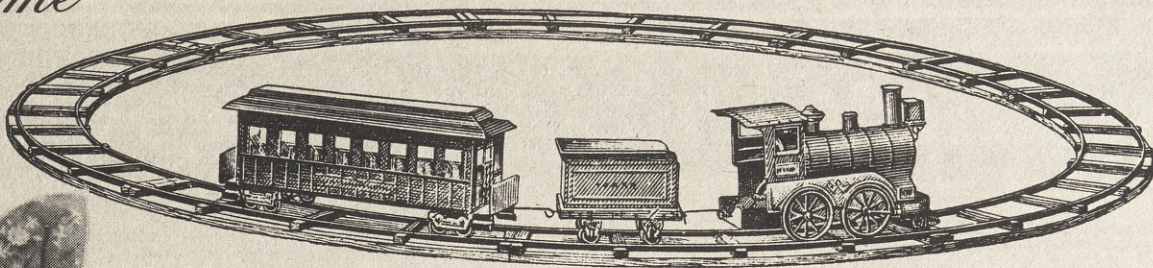
When was the last time you sat down with a simple childhood toy, and played...played like you did when you were six years old? How much of the time is your free expression inhibited by such commands as "Grow UP!", or "Act your AGE!"? Or try this one on for size: "You are a responsible, mature adult member of the community, so knock off the silly stuff"...ad nauseam. It seems that most people have a great deal invested in keeping others from breaking out of the "mold" and really enjoying themselves. They come down especially hard on those adults who do not fit the stereotype of the serious, purposeful, goal-oriented, responsible, (& BORING) grownup.

Yet each of us knows (and envies) those people in our lives who seem to ignore all the peer-pressure, who seem to have the magical ability to switch from being adult to childlike from one minute to the next. Some of us even act like kids ourselves, and we either weather the storm of protest, or do it in places where nobody we know will see us...all the while wishing we could just be free to let that little kid inside us play, without all the hassle. And hassle it is...we are either enduring, hiding, pretending, rebelling, complying, or quitting in response to the outside world's reaction to us naturally expressing our childlike selves. We pay a very high price for all that externally-controlled repression...stress...more stress than we started with.

For most adults, stress is what started it all in the first place...we want to play because we know it is a wonderful relief of stress. We learned about play, along with so much of how we are, at a very early age. When the going got tough...we played. Just watch children, and you see how it works...the natural instinct is to play, to enjoy a free romp, and wild time, a wonderful fantasy (especially when there is something else they're supposed to do). It's a natural reaction then, for adults under stress to want to go play.

Yet for most people, attempting to play increases the stress rather than relieves it. First there's the look over the shoulder (what will *they* think?); then there's the internal voice of responsibility telling us not to waste the time; then, as if that's not enough restriction, we think we probably forgot how to play and spend the time wondering if we're doing it right. Pretty soon the person quits trying to play and really buys into all that serious crap that was so "heavy" in the first place. Eventually the person acts (and looks) very serious, and all puckered up...and it's a sure bet what they're feeling inside is either depressed, harried, burnt out, mad, frustrated, or a combination of all. Less and less people want to be around them, except, of course, others just like them, and life begins to not work. When play does occur it usually comes as a reaction, often a rebellion, rather than the natural expression of childhood.

Sacramento Psychologist Craig Johnson describes the symptoms as "a lack of motivation, physical and psychological symptoms, tiredness, inability to focus on the now, and more and more reactive to events, rather than in charge of them." Johnson, who worked closely with Dr. Tom Harris, author of *I'm OK, You're OK*, bases much of his work with clients on reuniting the adult with the unrestrained free child lurking in the caverns of our mind and body.



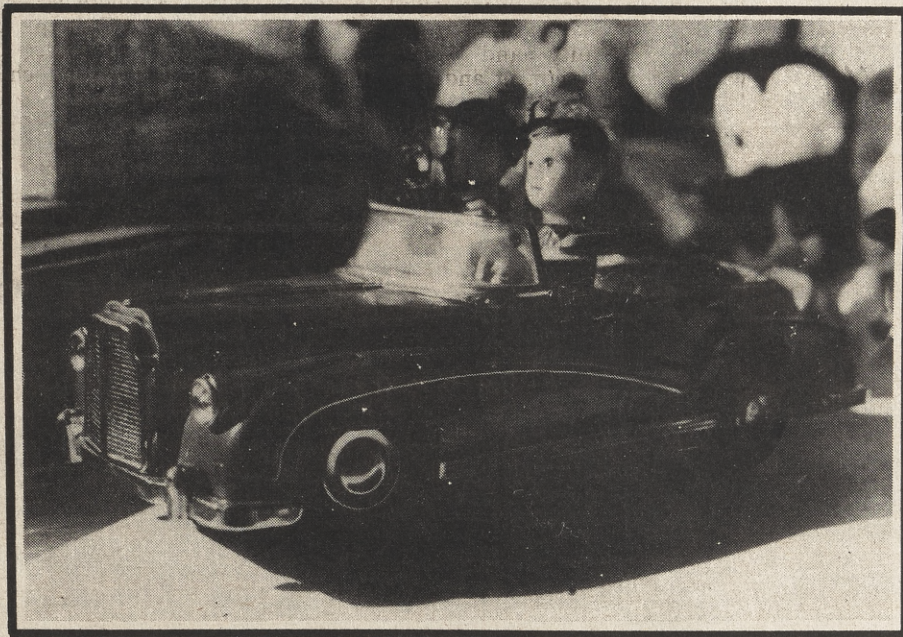
According to Johnson, "to really be OK, people need to accept themselves and take care of themselves on a feelings level, and that includes responding to the wishes and wants of the 3 to 6-year-old inside each of us. All too often adults lose sight of that 'kid' and thus lose their good feelings."

Johnson's prescription for "high health" includes 2½ hours per day of pleasurable time, 30 minutes per day of private time (i.e., prayer or meditation), and the regular devotion of 20 percent of one's net income for the "kid" to blow. His experience with hundreds of clients in the Sacramento practice proves the value of the prescription. "As the person becomes more responsive to the inner child," Johnson maintains, "more energy appears, they have more ability to live in and enjoy the now, and they have more people around them. What follows is the unleashing of their full internal psychological energy, and it gives people much more ability to get the tasks at hand accomplished."

For most people, the kind of lifestyle changes we advocate take some adjusting and strong commitment. That giant called "Social Conformity" will rear its ugly head, and the external and internal

It appears this Christmas is going to signal a major turning point in people's attitudes about play, gifts and childishness. There is a definite trend in retail away from the sophisticated, expensive gifts, and a new emphasis on fun as the primary function of gift-giving. More and more adults are approaching holidays in general, and Christmas in particular, as a time to give *themselves* the treats they have been waiting for all year. Sales of toys, video games, and television accessories are unparalleled in any other sector of retail merchandising. There seems to be a willingness and a permission on the part of people to indulge their own "kid", whatever the consequences. If the trend really keeps rolling, we could well have a society of ungrownup adults experiencing the once-chastised, now-coveted joys of a second childhood. Can you imagine work environments where companies regularly grant and promote play-breaks after lunch? What would life be like if the local postman and traffic cop carried around bubble blowers along with their other accoutrements? Can you imagine how nice it would be this Christmas not to envy the kids in your house all the toys they got from Santa, as you stare at your chain saw, robe, ties, and Cuisinart, and yet another vibrator. Life might just change for you and everyone around you...it might start working. All it takes is turning your toes inward at a 45 degree angle, putting on a pair of bright suspenders, and using words no larger than two syllables...and, of course, some toys, however you define them. Isn't it time you began your Second Childhood? And if you already have begun, as many of you have, who can you entice this Holiday Season? The gay community can play a special role in awakening the rest of society to the joys of being a free child.

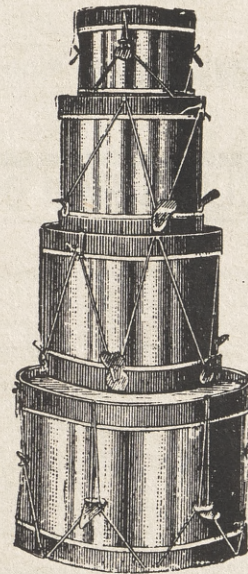
Will Green is the owner of Willie's Playground and is a group therapy facilitator. ■



pressures will be huge. But if the commitment to change is strong enough, the payoffs are far greater than any supposed penalties.

As more and more "adults" become "ungrownups" during some part of each day, people around them have increasing permission to try it themselves, and lo, a movement is born. A new way of "being" gains acceptance. But actually, it's not new...humans have been trying for centuries to incorporate the magic and spirit of their childhoods in their daily lives. The hedonism of the seventies was one approach, and other attempts have included the reliance on such inhibition-reducers as drugs and alcohol.

The eighties seem to be characterized by a new approach, one that includes close sharing with others, a societal commitment to stress reduction and mental health, and a more simple, less costly approach to having "fun". Johnson attributes some of the changes to "people facing some of the economic realities of the eighties, for instance a major restriction of mobility: people will stay closer to home and will take care of *self* with more frequent, less expensive events and possessions."



Classifieds

CLASSIFIED ADS ARE \$3 FOR THE FIRST LINE, \$2 EACH LINE THEREAFTER.
SEE COUPON ON THE BOTTOM OF THIS PAGE.

Auto

'80 DODGE COLT, excel. condition. 50K mi. gets 38 mpg. \$3500. 428-5788.
'76 OLDSMOBILE OMEGA, mint condition. 57K miles. \$2,400. 428-5788.
'74 ALFA ROMERO SPIDER, convertible, low miles, excel. condition. \$3,800. 428-5788.

Back Issues

BACK ISSUES OF MGW Newspaper available at \$1 each, 1919 21st St., Suite 204, Sac. 1-5 pm.

Books

48-PAGE CATALOGUE OF 2,500 gay/lesbian books, magazines, records, etc. \$2 refundable from ADL, 4014 Santa Monica Blvd., L.A., CA 90029.

Employment

ADVERTISING Representatives wanted for this paper. Must be very personable and good business mind. 15% commission plus expenses. Call Mom... Guess What! Newspaper at 456-5858.

GRAPHIC ARTIST. Must have at least one year experience in designing ads and newspaper layout. Part-time. Hourly wage. MGW Newspaper, 456-5858 afternoons.

For Rent

LARGE GARAGE FOR A WOOD WORKER, or storage. 456-5858. Downtown area.

SMALL COTTAGE FOR ARTIST, small business person or maybe you just need some private space. \$100. 456-5858.

LIBERAL STRAIGHT LADY can share lux. home w/quiet, empl., non-smoker, \$300. 488-2704 eves., all extras.

NEW W. SAC, all electric, 3 br., 2 bath, solar WH, lg. fam. room w/fireplace, liv/din, BF nook, rent/lease opt to buy. 381-3115.

Moving Sale

ORIENTAL DINING SET w/6 chairs, excel. cond., \$300 or best offer, green-gold tweed Colonial sofa, excel. cond., \$150. Other misc. items, 447-4264.

National Gay Travel Guides

AVAILABLE at Mom... Guess What! Newspaper office, Bob Damron's Guide—\$9 or \$11 (shipping); Gale's Guide for women—\$8.50 or \$10.50 (shipping); Places of Interest (men or women)—\$9 or \$11 (shipping); Gay Yellow Pages (men & women)—\$7 or \$9 (shipping). 1919 21st St., Suite 204, Sac. 95814. Hours 1-5 pm.

Personals

Classified Advertisers—When writing your ad, it is not necessary to designate your race or race desired with GWM, GWF, GBM, GBF, etc. GM or GF would do fine.

TIED OF BARHOPPING? Looking for an alternative to meeting nice people? Join us on the first Saturday of each month for Our River City Family Potluck. Call Frank Lawler, 485-7960.

JOGGERS—GF WANTS jogging partner in the Madison/180 area, 334-0205, Roxanne.

MASSAGE BY HEATH now available at the Steamworks on most popular nights. Call 443-1515 for schedule of hours or appointment. Licensed.

GWM 20 LOOKING FOR a fellow person in the military. I'm into new age consciousness, flying, plants, fine arts. Call 922-2166. 9:00-10:00 pm.

GWM INTO EVERYTHING, like to meet top man, any age, honest & sincere. 442-8132, 1808 N St., No. 4.

ARE YOU 18-21 AND TRYING to make new friendships? If so there's a group forming for outings, pot-lucks, rap groups, Victor - 391-1362.

GWM WOULD LIKE TO MEET same ages 35-45 for friendships, companionship and romance. If you like movies, parties, or quiet evenings, call Charlie at 391-1362.

ATTRACTIVE EUROPEAN, masculine, mature, 27 into career, home-life, friends, seeks same only. 28-38 for possible relationship. Sincere write: Tim, 1325 U St., No. 2, Sacto. 95818.

AGE 32 and 42 new to Placerville area like to meet others in area for friendship, etc. Ron or Geo, 916-626-9244.

HAVE SKIES—WILL TRAVEL Skier straight appearing discreet trim GWM looking for same 35-45. Write G, Post P.O. Box 254532, Sac. 95825.

AVERAGE GUY 40's looking for someone special as friend/lover. Much love to give to right person, let's explore possibilities, no phonies/fat/fem. Ron, 422-5795.

OBJECTIVIST, GAY NETWORK forming, we seek others for intellectual and social support. Ultimate goal: lasting meaningful friendships and/or romance, P.O. Box 3683, Chico, CA 95927.

MERRY CHRISTMAS SUSAN! I hope things work out for us. I love you. Love Helene.

SLIM MALE SEEKS companionship, intimate relationship, loves music, dancing, cooking, home life. No fats or fem. 726-0841 after 5 p.m.

ELLEN, RAYMOND, ALICE. Much love from No. Calif. Happy Holidays. You are always in my thoughts, Marsha.

DEAR SHERIFF DUANE—It's time you began your second childhood. Meet me at Willie's Playground, 26th & J St., Love Robbi.

LOOKING FOR SOMETHING NEW? There is a gay youth

group forming here in Sacramento, we will be meeting on Dec. 6th, for more info call Victor - 391-1362, Charles - 739-0985.

SINCERE—ATTRACTIVE WOMEN, good personality and nature. My gender is male but I am only interested in meeting new women friends. No other need reply. 441-3197.

Roommates

ROOMMATE TO SHARE FURN. home near Parking Lot, large yard, fireplace, pet OK. Must have positive attitude and self-awareness, \$200 includ. util, 920-4014, Marsha.

LOOKING FOR GF to share 2 br/2 bath townhouse, \$172.50 plus 1/2 util, after 2, 448-2202.

GF OR GM WANTED to share warm-loving 2 bd. house with large yard and fireplace, pet OK. Call Marsha, 920-4014.

MALE WANTED TO SHARE 3 bdrm. house, C.H., \$175, 726-0841 after 5 pm.

GWM—COUNTRY HOME—\$150 plus 1/2 util, non-drinker/smoker, employed or retired, West Nevada Co., Reply 10113 Joerschke, Bx. 127, CA 95945.

Sailboat

'27 CORONDO SAILBOAT inboard, lots of extras, will trade for property, \$12,500. 428-5788.

Business Directory

BUSINESS DIRECTORY ADS ARE \$10 PER MONTH.
SEE COUPON ON THIS PAGE.

Answering Service

A-BETTER ANSWERING SERVICE. 1919 21st St., #209. 452-3628.

Attorneys

ROSEMARY METRAILER/CAROLYN LANGENKAMP/TAMI BUSCHO—1725 Capitol Ave. 447-7255.

PHILIP J. HOSKINS, 1813 K Street, Sac. 95814, 444-9939.

WEBB/CLAPP — Lincoln P. Webb, Fritz Clapp, law offices 1210 G St., Sac. 95814. 442-1211.

TOM KENDRICK, 5601 Florin Rd., Sac. 95823. 422-1725.

Auto Body Repair

MAACO AUTO PAINTING & Body Works, 4225 Power Inn Rd., 454-5764 & 6659 Franklin Blvd., 421-4170.

Bars

THE WRECK ROOM, 925 20th St. & J St. 443-1181.

CLUB 21, 21st near L St. 444-2121.

900 Cherry St., Chico, CA 95926. 893-0900.

Books

BOOKS, INC., 3360 El Camino at Watt. Country Club Center, 484-1771.

Business Forms

INVOICES, STATEMENTS, FORMS, voucher checks, repair orders, call books, labels, form holders, self-mailers, memos, computer forms, continuous forms, stationery, envelopes. MGW Newspaper, 456-5858 Afternoons.

Cab Service

CAPITAL CITY CO-OP Cab. 448-2667.

Chiropractic

LINDA SHANKS, D.C. 9727 Folsom Blvd. at Bradshaw. 361-0842.

Churches

RIVER CITY METROPOLITAN Community Church. 2741 34th St. 454-4762.

Copies

ACTION BUSINESS SERVICES. 1919 21st St., Suite 210. Sac. 453-0217.

Dentist

ARTHUR KATZ, D.D.S. 1820 Professional Dr., #7. 488-2440.

DR. PAMELA DI TOMASSO, 2525 K St., Suite 305. Sac., CA 443-5677.

Fine Arts

MICHAEL HIMOVITZ GALLERY, 1828 Walnut Ave., Carm., CA. 486-9335.

Financial Planning

DOUGLAS H. BERTSCH, 1851 Heritage, Suite 111, Sac., 921-1301.

Gifts

Ilird WHALE, 307 Broad St., Nevada City Ceramics.

Hair Care

HAIR WE ARE, 2612 J St., Suite 5. 442-6007.

TIRAPPELLIS, 5031 Stockton Blvd., 452-4243 - ask for Laurie.

Health Service

TRAGER APPROACH — John B. Adams. Movement re-education from gentle bodywork & mental imagery. 332-7022.

Housekeeping

MARLIE'S HOUSEKEEPING SERVICE. 442-5258. Keep Trying.

BEN HAL ENTERPRISES. Professional cleaning. 972-8471.

Home Repairs

HOME REMODELING SERVICES, Edie Cartwright, 736-9336.

Insurance

MYRNA M. HAWKINS Area Properties Insurance Agency, 6858 Franklin Blvd., Sac., CA 424-2555.

CINDY JANNSON & ASSOCIATES Insurance, 2401 Capitol Ave., Sac., CA 44-CINDY.

Investments

GAYLE LOMBARDI DEAN Witter Reynolds, Inc., 455 Capitol Mall, Sac., 444-8041.

Jewelers

EUGENE DEMPSEY & SON JEWELERS. 928 J Street, Sac. 443-6822.

ARAREITY IN "THE Building," 1021 R St., Sacramento, 446-1535.

Kitchen Wares

ZANX COUNTRY CLUB. 2401 Butano Dr., Suite D upstairs, Sac. 95825. 489-5685.

Massages

GENE VALEBOE, Certified. 456-9516.

LINDA VECCHIONE, CERTIFIED, 454-3742.

Movers

STARVING MOVERS, CHEAP, fast, able, call anytime, 446-7412, 441-4736, 455-9141, 455-9042.

Motels / Resorts

BENTLEY MOTOR INN. 465 Grove St., S.F. (415) 864-4040.

HOTEL YORK. 940 Sutter St., S.F. 415/885-6800.

CONTINENTAL MOTEL. 1432 West Capitol Ave., Great facilities, West Sac. 371-3660.

FIFE S. 16467 River Road. Guerneville. (707) 869-0656.

WILLOW - A WOMEN'S RETREAT. 6517 Dry Creek Rd., Napa. (707) 944-8173.

KENTON MINE LODGE. Box 942, Alleghany, CA 95910. (916) 287-3212.

THE WILLOWS. 15905 River Road, Guerneville. (707) 869-3279.

Natural Foods

SILCO NATURAL FOODS. 2411 J. St., 929-4554. Complete natural food store.

Notary

ACTION BUSINESS SERVICES. 1919 21st St., #210, (916) 453-0217.

Pets

KENNEL ROOM. 2160 Marconi & Howe. Grooming Dogs & Cats. 925-4149.

CAPITOL AQUARIUM, 29th & T St. and 5407 Palm St., 452-5556, 331-1361.

ALTA PET SHOP, Town & Country Village, Sac., CA 489-7627.

CANARIES, COCKATEILS, FINCHES, parakeets. Galt (209) 369-4152.

Picture Framing

CREATIVE CUSTOM FRAMING at fair prices. Bruce & Wayne. 444-8827 for apt.

Printers / Graphics

DESIGN & ASSOC. T-Shirts, Logos, Printing, Flyers, Bus. Cards, etc. 1919 21st St., Suite 204, 456-5858.

Physicians

HARVEY THOMPSON, M.D., SANDY POMERANTZ, M.D. Internal Medicine. 912 A 21st St., Sac. 441-2636.

Psychologists

Minimal standard to advertise as a Therapist, Counselor, Psychologist include: Name, phone number, highest relevant degree (M.D., MSW, Ph.D. and in what field), and California State License number.

Unlicensed therapists/counselors who advertise should include a statement indicating they are "not a licensed therapist."

MARTIN ROGERS, Ph.D., #PW 3871, 2365 El Camino Ave. 483-7959.

EDWARD E. HALL, Ph.D. #PV5552, 2222 Watt Ave., Suite B-14, 484-1212.

Real Estate

ZANA S. BLAZER, Residential, Business. 971-1593 (H), 482-8490 (W).

Resume

COMPLETE RESUME and job search service, Action Business Services. 1919 21st St., Suite 204, Sac. 95814. 453-0217.

Restaurants

E & G CUISINERY. 729 Lincoln Way. Downtown Auburn. 823-5588.

GRAY'S GENERAL STORE, Sandwiches & Groceries, 18th & Q St. 442-4440.

TAJ MAHAL, 2355 Arden Way, Sac., 924-8378.

JACK'S FOR DINNER, 101 Sacramento St., Nevada City, Wed. Thur. Fri. Sat. RSVP only. 1-265-3405.

LE DOMINO, 2741 17th St., S.F. (415) 626-3095.

FRIAR TUCK'S. 111 N. Pine St., Nevada City. 265-2262.

Secretarial Service

ACTION BUSINESS SERVICES. 1919 21st St., #210. Between T & S Streets. (916) 453-0217.

Skin Care

SKIN CARE PRODUCTS by Terry Weatherman. Call 441-5369.

Tanning Salon

TANS R US, 1351 Fulton Ave., Sac. 485-1616.

Toys

WILLIE'S PLAYGROUND, 2527 J St., Sac. 448-1700.

T-Shirts

CUSTOM PRINTED with your logo or artwork on T-Shirts, Uniforms, Running Shorts, Tote Bags, Hats, Back Packs, etc. GRAPHIC DESIGN, 1919 21st St., Suite 204, Sac. 95814. 456-5858.

Typing Service

ACTION BUSINESS SERVICES. 1919 21st St., #210. Between T & S Streets. (916) 453-0217.

Therapist / Counselors

Minimal standard as a Therapist, Counselor, Psychologist include: Name, phone number, highest relevant degree (M.D., MSW, Ph.D. and in what field), and California State License number.

Unlicensed therapists/counselors who advertise should include a statement indicating they are "not licensed therapists."

DAN RUDD, L.C.S.W., Lic. #6236. 1025 19th St., 39. 447-9616.

MICHAEL LOWMAN, Ph.D., 1723 Capitol Ave., #8, 447-3934. Not a Licensed Therapist.

REVA CAMIEL, M.A.M.F.C.C., 7956 California Ave., Fair Oaks 95628, 965-9545. Lic. #MN4790.

SHARON HARTLEY, LCSW Lic. #7850, 2014 X St., Sac. 966-9758.

JOAN FRAZZINI, LCSW, Lic. #A332671, 428-5788.

Upholstery

MAGNOLIA UPHOLSTERING. 6321 Fair Oaks Blvd., Carmichael. 482-5838.

UNITED UPHOLSTERY: Custom upholstery & furniture refinishing. 920-0667.

Veterinarian

ANIMAL HOUSECALL SERVICE. Small animal, medicine, surgery. Dr. Nancy Weagly. 456-0967.

Vintage Clothing

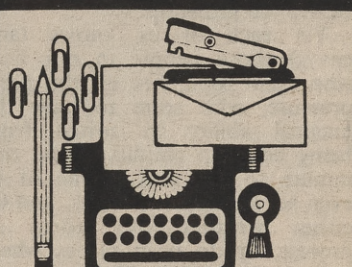
FLASHBACK - 1729 L St. 443-1770.

Wall Coverings

MR. PAPERHANGER Decorators invited, call Jim, 443-0445.

Wine Bar

FIASCO, 1802 L St., Sac. 95814. 448-6095.



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A-BETTER ANSWERING SERVICE

Answering, Wake-up, Mail, Secretarial, and Alarm Service

452-3628



1919 21st Street, Suite 209
Sacramento, Ca. 95814

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Use Coupon Here
Deadline December 15

Hair Stylist

PROGRESSIVE STYLIST'S WITH clientele, to lease space in leading Northeast area salon. 916-972-7530 DJFM.

...COME GET -TOYS-^{s m a i l...}

Willie's Playground
26th & J Streets

CLASSIFIED OR BUSINESS DIRECTORY ADS									
HEADING									
\$ 3									
\$ 5									
\$ 7									
\$ 9									
\$11									
\$13									

CLASSIFIEDS: Write your ad in the boxes, each space between words, each punctuation mark takes up a box. No line minimum. \$3 for first line, \$2 line thereafter. Ads MUST be paid in advance.

BUSINESS DIRECTORY: \$10/month. 2 line maximum. Advance payment for first month. We can bill you every month if you would like to repeat your ad.

DISPLAY RATES: Send for Rate Sheet. \$10 column inch.

POLICY: Ads must be received by the 15th of the month—no exceptions. MOM... GUESS WHAT! NEWSPAPER reserves the right to edit, rewrite or reject ads. Sexually explicit or suggestive words will be edited, and/or deleted. Final determination of the best classification will be made by MOM... GUESS WHAT! NEWSPAPER. NO PHONE ORDERS!

DATE _____

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

DEADLINE: 15th OF THE MONTH

Mail to: Mom... Guess What! Newspaper
1919 21st St. Suite 204
Sacramento, Ca. 95814

☐ Please run my Classified Ad for _____ months.
Enclosed is total payment of \$ _____

☐ Please run my Business Directory Ad for _____ months at \$10 per month. Enclosed is a check for \$ _____. Please bill me for the next _____ months. 2 line maximum.

Signature X _____

Get the Word Out

SUBMIT CALENDAR ITEMS EARLY

December

1 WED — MAN-TO-MAN WEDNESDAY SOCIAL — "What Are The Most Effective Ways To Reach Out?" discussion. 391-9755.

2 THUR — "THE ADVOCATE" EDITORS SPEAK AT CSUS — Robert McQueen and Pat Calafia lecture on the history, philosophy and production of "The Advocate" in Room 108 of the Anthropology building, 8 p.m. Sponsored by the Lambda Media Association at CSUS. 454-0106.

2 THUR — GAY VOLLEYBALL — Contact Paul, 447-1065.

3 FRI — DIGNITY RETREAT — Weekend of spiritual renewal for men & women of Dignity and their friends, \$30. Contact Jesuit Retreat House, P.O. Box 128, Los Altos, CA 94022 or call (415) 948-4491.

3 FRI — SCULPTURE SACRAMENTO EXPOSE — 1st Annual Arts Roast. Learn what happened behind the scenes as artists and organizers tell all Mayor Philip Iserberg is Master of Ceremonies. Food, drink, dancing, noise, laughs, insults & no host bar. Dress in bad taste & come to The Fratt Building, 1107 2nd Street (basement), Old Sacramento, 8 p.m. to midnight. \$10 per person. 449-5558.

4 SAT — CHRISTMAS TREE CUTTING PARTY — MCC Men's Support Group goes to tree farm near Plymouth. Caravan forms at MCC, 2741 34th Street (at Broadway) at 8 a.m. Bring a picnic lunch. Everyone is welcome. 454-4762.

4 SAT — "HANDMADE FOR THE HOLIDAYS" — Art show & sale at Sierra 2 Center, 2791 24th St., 10 a.m. - 5 p.m. 451-2293.

4 SAT — "FEMINISM, ART AND PRIVATE ENTERPRISE" — Sheila Levant de Bretteville speaks at CSUS University Union, 10:30 a.m. \$6.

4 SAT — SATURDAY NIGHT BRAWL FOR WOMEN ONLY — Boxing, Wrestling & other events. TYFFA School of Self Defense, 708 57th St., 454-5728. \$1 mat fee.

4 SAT — OUR RIVER CITY FAMILY POTLUCK — 7 p.m. Bring a dish and BYOB. Contact Frank, 485-7960.

5 SUN — "HANDMADE FOR THE HOLIDAYS" — Art show & sale at Sierra 2 Center, 2791 24th St., 10 a.m. - 5 p.m. 451-2293.

5 SUN — WORSHIP AT MCC — Men's support group, children's church and rap, 2741 34th St., 11 a.m. 454-4762.

6 MON — GNE BINGO BENEFIT — In lieu of \$3 door charge to play bingo, bring \$3 worth of canned foods which will be donated to local charity. In addition to bingo there will be a chili feed, with proceeds used to buy toys for needy children. Join GNE at The Mercantile, 8 p.m.

6 MON — WOMEN'S STRESS ALTERNATIVES HOLIDAY CELEBRATION — Desserts and refreshments at the Y.W.C.A., 17th & "L", 448-2951.

7 TUE — "HELPING PARENTS AND GAYS DEVELOP A POSITIVE SELF IMAGE" — Dr. Mel Angel, Psychology Professor from CSUS speaks to Parents & Friends of Gays at Carmichael Presbyterian Church Fireside Room, 5645 Marconi. 428-4348.

8 WED — MAN-TO-MAN WEDNESDAY SOCIAL — Guest speaker. 391-9755.

9 THUR — GAY VOLLEYBALL — Contact Paul, 447-1065.

11 SAT — CHRISTMAS CRAFT FAIRE — Gifts and ornaments by local community artists at Chirho Lamba Emporium, 34th & Broadway, 10 a.m. - 8 p.m. 454-4762.

11 SAT — "UNLEARNING SEXISM" — One day workshop by Sacramento Men's Collective examines sexism at La Semilla Cultural Center, 312 20th St., 10 a.m. - 2 p.m. \$2 fee. 985-9559.

11 SAT — McGEORGE STUDENTS MEETING — Lesbians and gays meet to organize a McGeorge student organization, 5 p.m. 451-0120 or 457-3507 for details.

11 SAT — CHARLIE MURPHY PERFORMANCE — Singer/songwriter presents evening of men's music at La Semilla Cultural Center, 312 20th Street, 8 p.m. \$4-\$6 sliding scale. 985-9559.

11 SAT — EXTRA-TERRESTRIAL CHRISTMAS — Valley Knights Motorcycle Club's holiday celebration, Turn Verein Hall, 8 p.m. 663-2255.

11 SAT — MARCHING TO A DIFFERENT DRUMMER — Lesbian & Gay Americans During World War II documentary slide presentation at MCC, 150 Eureka St. (near 18th), San Francisco, 8 p.m. \$4 donation benefits SF Lesbian & Gay History Project. (415) 626-3893.

12 SUN — ADVENT SERVICES — Children With Gay Parents Rap and holiday social hour, at MCC, 2741 34th St., 454-4762.

13 MON — OUR RIVER CITY FAMILY COUNCIL MEETING — 7 p.m. Contact Frank, 485-7960.

14 TUE — GAYS UNDER 21 MEETING — 7 p.m. Contact Everett, 391-1362.

15 WED — ANNIE GAGE AT OLLIES — Stand up comedian performs at Ollies, 4130 Telegraph Ave., Oakland, 9 p.m. \$2 admission, (415) 653-6017.

15 WED — MAN-TO-MAN CHRISTMAS POTLUCK — Dinner and gift exchange, 391-9755.

16 THUR — RIVER CITY BUSINESS ASSN. CHRISTMAS PARTY — Christmas, Hanukah & Winter Solstice celebrated at Club 21, 8 p.m. Open to public and free of charge, with food & a raffle. For info on how to participate contact Steven, 453-0574.

16 THUR — GAY VOLLEYBALL — Contact Paul, 447-1065.

17 FRI — CHORAL MAJORITY CONCERT — Bold quartet from San Francisco crusades against the new right, Reaganomics and all things homophobic and politically incorrect at La Semilla Cultural Center, 312 20th Street, at 8 p.m. \$5 admission includes wine and cheese reception. 985-9669.

17 FRI — MEN'S SUPPORT GROUP POTLUCK — MCC Men's Support Group dines then goes Christmas caroling to area bars. Hot chocolate & coffee will be enjoyed afterwards. 454-4762 or 447-1065.

18 SAT — CHRISTMAS CRAFT FAIRE — Gifts and ornaments by local community artists at Chirho Lamba Emporium, 34th & Broadway, 10 a.m. - 8 p.m. 454-4762.

18 SAT — SNOW WHITE CHAMPAGNE BALL FOR WOMEN — The Victorian, 9th ("H") Streets, 9 p.m. - 1 a.m., \$15. Champagne, hors d'oeuvres, bartending and general help in exchange for ticket/s. 456-5858.

18 SAT — SATURDAY NIGHT BRAWL FOR WOMEN ONLY — Boxing, Wrestling & other events, TYFFA School of Self Defense, 708 57th St., 454-5728. \$1 mat fee.

19 SUN — CHRISTMAS WORSHIP CELEBRATION — All welcome at MCC, 2741 34th St., 11 a.m. 454-4762.

19 SUN — GNE CHRISTMAS PARTY — Light entertainment, food and Community Awareness Award highlight holiday celebration. No-host bar, but the rest of the night is free at The Parking Lot, 7 p.m.

19 SUN — "A NIGHT OF MIRACLES" — Joyful Noise, the gay gospel singers from MCC perform a Christmas cantata, 2741 34th Street, 7:15 p.m. 454-4762.

19 SUN — "NOW SING WITH HEARTS AGLOW" — 3rd Annual Holiday Concert given jointly by the SF Gay Men's Chorus and the SF Lesbian/Gay Chorus at Nourse Auditorium, Hayes at Franklin, SF. \$6-\$8. Golden Gate Performing Arts, P.O. Box 14665, SF 94114, (415) 864-0326.

20 MON — MAN-TO-MAN MOVIE NIGHT — Bring munchies. 391-9755.

20 MON — GAY EXPEDITION THROUGH 5000 YEARS OF EGYPTIAN WONDERS — Trend-Setters is looking for 20 intrepid travelers to share "The Gift of the Nile." Return to San Francisco on Jan. 4, 1983. Contact Trinity Harrison, (415) 777-5794 (daytime).

22 WED — MAN-TO-MAN WEDNESDAY SOCIAL — Christmas Sing-Along, 391-9755.

23 THUR — GAY VOLLEYBALL — Contact Paul, 447-1065.

24 FRI — MIDNIGHT CANDLELIGHT SERVICE — Special worship service at MCC, 2741 34th St., 11 p.m. to midnight. 454-4762.

24 FRI — "NOW SING WITH HEARTS AGLOW" — 3rd Annual Holiday Concert given jointly by the SF Gay Men's Chorus and the SF Lesbian/Gay Chorus at Nourse Auditorium, Hayes at Franklin, SF. \$6-\$8. Golden Gate Performing Arts, P.O. Box 14665, SF 94114, (415) 864-0326.

25 SAT — OUR RIVER CITY FAMILY CHRISTMAS — Contact Charlie, 391-1362 or Everett, 486-9128.

26 SAT — WORSHIP SERVICES — Closed circuit TV, signed services for hearing impaired, and special programs for men, women, young people & children at MCC, 2741 34th St., 454-4762.

29 WED — MAN-TO-MAN WEDNESDAY SOCIAL — Open Evening, 391-9755.

31 FRI — NEW YEAR'S DANCE — Stanislaus Gay Alliance, MCC and Stanislaus Owl Empire invite all to New Year's Dance, at Stanislaus Hall, 1416 Maze Blvd., Modesto, 8 p.m. - 2 a.m. \$7.50 advance, \$10 at door includes buffet, champagne & no host bar. (209) 577-6816 or (209) 578-3694.

31 FRI — NEW YEAR'S SERVICE — Special watch night for everyone at MCC, 2741 34th St., 11 p.m. to midnight. 454-4762.

January

6 THUR — LEWITZKY DANCE COMPANY PRESENTATION — 10 exuberant dancers present choreography of Bella Lewitzky, UCD Main Theatre, Dramatic Arts Bldg., 8:15 p.m. \$7.50 general/\$5 student. Reserved seats only, 752-2523.

7 FRI — LEWITZKY DANCE COMPANY PRESENTATION — 10 exuberant dancers present choreography of Bella Lewitzky, UCD Main Theatre, Dramatic Arts Bldg., 8:15 p.m. \$7.50 general/\$5 student. Reserved seats only, 752-2523.

9 SUN — UCD CONCERT — John Hsu on viola da gamba and Bruce Lamont on harpsichord in UCD Wyatt Pavilion, 8:15 p.m. \$2 general/\$1.50 student. Reserved seats only, 752-2523.

17 MON — OUR COMMUNITY UNITED MEETING — Planning for a gay community center takes place at 1813 "K" Street, 7:30 p.m. 443-5596 for information.

17 MON — ADULT VOLLEYBALL BEGINS — City of Sacramento, Department of Community Services sponsored league with men's, women's and co-recreational divisions league play begins. For information on joining call Ron Gould, 449-5544.

21 FRI — PRO-CHOICE WEEK BEGINS — Various activities including lobbying workshops and lobbying take place. Contact NOW, 443-3470.

Theater

Bacchus Playhouse, 1025 2nd Street, Old Sacramento, 446-6542. "JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT" opens Dec. 10th.

Chataqua Playhouse, 1731 25th Street, Sacramento, 451-9604. "A THOUSAND CLOWNS" comedy plays Fri & Sat nights at 8:30 p.m. through Dec. 19th, \$5 general, \$4 students. See review this issue.

CSUS University Union Redwood Room, CSUS Campus, 454-6743. "STUDENT TALENT SHOWCASE" — Dec 4th at 8 p.m. \$2 general, \$1.50 students.

Eleanor McClatchy Performing Arts Center, 1419 "J" Street, Sacramento, 441-6991. "DARK AT THE TOP OF THE STAIRS" — Passionate drama examining the complexities of family life in 1920s America, Fri & Sat nights at 8 p.m., Sundays at 2 p.m., through Dec 12. See review this issue. "MERRILY WE ROLL ALONG" — New Stephen Sondheim — George Furth musical, Fri & Sat nights, 8 p.m. at EMPAC's Cabaret Theater. Reservations advised, 441-6991.

Garbeau's Dinner Theater, 1750 Fulton Avenue, Sacramento, 485-7461. "BORN YESTERDAY" plays through Dec 12. "THE ODD COUPLE" opens Dec 17th. Dinner at 6:30 p.m., curtain at 8:15 p.m. Sunday dinner at 6 p.m., curtain at 7:30. Reservations required.

Sacramento City College Actor's Theatre, SCC Campus, 449-7537. "THE CRUCIBLE" — plays Fri & Sat nights at 8 p.m. through Dec 11. Theatre To Go, 22nd & "L" in basement of Peace Studio, 944-3200. "BEYOND THERAPY" — Fri & Sat nights through Dec 4th, 8:30 p.m., SF. CA. Theatre Rhinoceros, 2926 16th St., SF. CA. 94103, (415) 552-4100. "MY BLUE HEAVEN" — Thurs through Sun, through Dec 19th, 8:30 p.m. See review this issue.

The Crist, 1013 "K" Street, 44-CREST. "THE CREST COMMEMORATIVE" — fundraising extravaganza recreates the very first production at The Crest from 1913. Gymnasts, dancing girls, vaudevillians, melodrama, political figures and celebrities featured every night, Jan 13, 14, 15, 19, 20, 21 & 22. Scenes from "KISMET," "GREASE" & "CAMELOT" also featured. These productions will open at The Crest in mid-1983. Donation is \$20. University Theatre at Davis, 752-1915. "ROMEO AND JULIET" — by Shakespeare, Feb 3-13. "LOST ILLUSIONS" — by Balzac, Mar 3-13. "THE BOURGEOISIE GENTLEMAN" — by Moliere, May 12-22. ■

Art Galleries

ALDER CREEK GALLERY, 702B Sutter St., Folsom 985-3546. Early California paintings from 1870 to 1935.

AMERICAN RIVER COLLEGE ART GALLERY, 4700 College Oak Drive, 484-8011. ANCIENT ART, 2731 "G" St., 444-8827. Original prints and fine reproductions of ancient and primitive art.

ART WORKS GALLERY, 10239 Fair Oaks Blvd., Fair Oaks, 966-0773.

ARTERY, 207 "G" St., Davis, 758-8330.

ARTIST'S COLLABORATIVE GALLERY, 1007 2nd St., Old Sacramento, 444-3764.

ARTIST'S CONTEMPORARY GALLERY, 542 Downtown Plaza, 446-3694. Group Holiday Show

Organizations & Ongoing Dates

Misc.

ADVOCATES FOR GAY & LESBIAN STATE EMPLOYEES Potluck Meeting, 2nd Tues. 6:30 p.m. For location call 965-6851, 447-1284.

ALCOHOLICS ANONYMOUS North Hall Gay Group. Mon, Wed, Fri, 8 p.m. Women only, Wed, 6 p.m. Men's Stag, Fri 6 p.m. MCC, 2471 34th St. 443-8138.

ALTERNATIVE LIFESTYLES SUPPORT ORGANIZATION. Box 2124, Marysville, Ca. 95901, (916) 743-3330.

BUTTE COUNTY FELLOWSHIP — CHICO 3rd Sun, 3 p.m., 543-9773.

CAPITOL CITY SQUARES: Gay Square Dance Club, every Tue at the Parking Lot, Advanced 7 p.m., Beginners 9 p.m., 457-7489.

G.N.I.E. Box 15731, Sac., CA 95815. 1st Tues, 7 p.m., Incredible Edible, 739-8616.

LESBIAN RAP. Sponsored by The Women's Church meets every Friday night. Alternative to the weekend lesbie lonelies. 8 p.m., 3700 Y St., D.L. Webb, facilitator, 736-0113 or 453-0791.

MAN TWO MAN — Social club for men to meet and socialize. Wed socials held weekly, 7:30 p.m. - 9:30 p.m., new men invited, Jim 391-9755, Ken 392-4128.

NAPA GAY COLLECTIVE 24 hr. Hotline (707) 224-3836.

ORION FELLOWSHIP ALLIANCE: Lesbian, gay, bisexual, transexual Seventh-day Adventist friends: potluck, fellowship, 1st Sat of each month, Box 181, Sac. 95801, 427-2497.

OUR COMMUNITY UNITED Gay Community Center Box 161784, Sac., CA 95816. 444-9939.

OUR RIVER CITY FAMILY Social Group For Men & Women. Potluck first sat, 7 p.m. Council Meeting 2nd Mon, 7 p.m. Box 161857, Sac. 95816, Frank 485-7960.

Volleyball every Thurs, Paul 447-1065.

PARENTS OF GAYS. First Tues, meetings at 5645 Marconi Ave., Carm., 7 p.m. Merrill Follansbee 428-4348.

RIVER CITY BUSINESS ASSOCIATION Gay Business Owners Group, Box 160969, Sac., CA 95816. Every 2nd Tues, odd months 2nd Monday, 7:30 p.m. - midnight. Photography by Norman E. Riley through Dec 6th.

SAC. HEPATITIS B PROJECT: 453-8995.

SAC. LESBIAN/GAY FREEDOM WEEK COMMITTEE Planning Committee for Annual Celebration. Box 2454, Sac. CA 95811. 3rd Thur, 7:30 p.m. Jerry 381-3115.

through December. ARTOLOGY GALLERY, 3655 1/2 "J" St., 454-4455.

BARRIOS GALLERY, 629 15th St., 446-0831. Group show through December. BLUE MANGO COFFEEHOUSE, 313 "G" St., Davis, 756-2616. Entertainment Thurs - Sun, 9:30 p.m. - midnight. Photography by Norman E. Riley through Dec 6th.

CAMELLIA CITY MINI BAZAAR OF THE ARTS, 19th ("K"), 447-7175.

CANDY STORE GALLERY, 605 Sutter St., Folsom, 985-2927. Group show by CSUS students through December.

CHAN-ELLIOT GALLERY, 727 1/2 "J" St., 446-3806. Paintings by Tom Frank and Low Fire Ceramics by Jack Schaeffer, through December.

CROCKER ART MUSEUM, 216 "Q" St., 446-4677. "Watercolors" by Marilyn Haley through Dec 19th. "Poseidon's Realm" — Greek pieces collection through Jan 2nd. "Teddy Bear Christmas" through Jan 19th. Paintings by Mike Henderson through Dec 12th.

CSUS ROBERT ELSE GALLERY, 6000 "J" Street. Work by CSUS art students.

DAVIS ART CENTER, 234 "J" St., Davis, 756-4100. 18th Annual Christmas Arts & Crafts Sale at Thyme Square, 227 "E" Street, Suite 3, Davis, through Dec 22nd.

EARHART'S CAFE, 1905 16th St., 446-0226. "3 DIMENSIONAL FABRIC CONSTRUCTIONS" by Libby Harmon, through Dec 24.

EVANS/POIRIER GALLERY, 1826 Capitol Avenue, 448-3759. Masks from Oceania, Africa and the Americas, Dec 10 - Jan 6.

ELASCOI, 1820 "L" St. Photography by Tom Winter.

GALVIN PHOTOGRAPHIC, 704 5th St., 451-9678. Color photographs by George Freeman.

GRINDING STONE, 1414 16th St., 448-5770. HANSON GALLERY, 2744 Marconi Ave., 484-1055. Permanent collection of works by Edna Hibel and R.S. Riddick.

HIGHER WORKS GALLERY, 3125 Broadway, 739-6291.

IBEX VISUAL ARTS, 625 Sutter St., Folsom, 985-2209. Contemporary art & custom framing.

JENNIFER PAUL'S GALLERY, 171 Donner Ave., Roseville, 783-3542. Gallery artists special sale through Dec 31st.

MATRIX WORKSHOP OF WOMEN ARTISTS, 2424 Castro Way, 452-1814. Paintings by Dyana Currier-Chadwick and Dixie Laws and sculpture by Diana Browning, through December.

MICHAEL HIMOVITZ GALLERY, 1929 Walnut Avenue, Carmichael, 486-9335. American Indian Art Artifacts.

NIVOLIS, 2815 "J" St., 441-7815. Drawings and lithographs by Molly Eckler Scalese.

OMNIBUS GALLERY, 1205 24th St. OPEN RING, 1020 "K" St., 448-2887.

PACIFIC WESTERN TRADERS, 305 Wool St., Folsom, 985-3851.

PENCE GALLERY, 212 "D" St., Davis, 758-3370. Hand dyed silk by Ann Syer, through Dec 30th.

SACRAMENTO GAY SPEAKERS BUREAU, Box 161934, Sac. 95816. To schedule speakers or to join Bureau, write or call Linda, 452-0721. New members welcome.

SAC. LESBIANS & GAY MENTAL HEALTH PROFESSIONALS 4th Sun, 6:30, 447-2282, 966-5116.

SAC. PEACE CENTER. 1917A 16th St., Sac. Provides draft and military counseling for gay, non-gay, men and women. 446-0787.

STANISLAUS GAY ALLIANCE. Support Group. weekly meetings. Box 5163, Modesto, CA 95352.

VALLEY KNIGHTS MOTORCYCLE CLUB INC. Box 8163, Sac. 95816.

Media

MOM...GUESS WHAT! NEWSPAPER Sacramento's Gay Newspaper. 1919 21st St., Suite 204, Sacramento, CA 95814. 456-5858 between 1-5 p.m.

NGTF CRISISLINE Call toll-free 800-221-7044, in N.Y. State (212) 807-6016 to report anti-gay violence, to obtain A.I.D.S. referrals.

SAN FRANCISCO BEAT All the Latest Gay News, 552-1312.

"FRUIT PUNCH" — Every Wed at 10 p.m. on KPFA, 94.1MHz "THE GAY LIFE" — every Sat at 6 a.m. on KSNB, 94.9MHz.

Political / Legal

AMERICAN CIVIL LIBERTIES UNION/SAC. CHAPTER Box 160423, Sac. 95816. 3rd Wed, 7:30 p.m. County Administration Bldg. 956-3339.

CITIZENS FOR ECONOMIC DEMOCRACY (CED)/SAC. CHAPTER Grass Roots Political Activist Group focusing on political campaigns and community issues. 312 20th St., Sac. 95814. Diana 443-3528, Keith 961-6291.

LA SEMILLA CULTURAL CENTER 312 20th St., Sac. 95814. A leftist community political/cultural center.

HUMAN RIGHTS COMMISSION 2131 Capitol Ave., Suite 302, Sac. 95816. 4th Wed, 7 p.m., City Hall. 444-6903.

SACRAMENTO POLITICAL ACTION CAUCUS (SACPAC) Non-partisan Gay Political Club, Box 161694, Sac. 95816. 1st Wed, General Bus. Meeting, 7 p.m., Incredible Edible. Jim Graham 457-7489, Kathy Gage 457-1788. Charter Council Meeting, 3rd Wed, 7 p.m.

METROPOLITAN COMMUNITY CHURCH 2741 34th St., Box 5282, Sac. 95817. Sun, 11 a.m., 7:15 p.m.; Wed, 7:15 p.m. 454-4762.

DIGNITY Box 161765, Sac. 95816. Mass & meeting, 2nd Sun, 3 p.m. St. Francis Chapel, 26th (K St.) 739-8353.

Religion

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An open letter to the gay community on hepatitis B

Hepatitis B, a serious disease, may be sexually transmitted

Sexually transmitted diseases among the gay community are epidemic. Herpes has recently received a lot of attention; gonorrhea and syphilis are well known; but the Centers for Disease Control (CDC) recently issued a major recommendation for the prevention of another sexually transmitted disease: Hepatitis B. In their *Morbidity and Mortality Weekly Report*, the CDC stated: "Susceptible homosexually active males should be vaccinated [against hepatitis B] regardless of their age or duration of their homosexual practices."

Gay men are at a high risk of contracting hepatitis B

In one study, from 51% to 76% of 3,816 gay men seen in five sexually transmitted disease clinics had evidence of past or present hepatitis B infection. Once infected, there's a 6% to 10% chance of becoming a carrier—capable of passing on the virus. The CDC estimated there are nearly 1 million carriers in the United States and that 100,000 of these carriers are gay men.

The hepatitis B virus can be passed on by contact with contaminated body fluids

such as saliva, urine, semen, and blood. The hepatitis B virus can be transmitted through tiny breaks in the skin or contact with mucous membranes. This can occur during intimate sexual contact and can lead to hepatitis B for the partner of an infected person. Although most patients recover and over half contracting hepatitis B do not get symptoms, there is no specific treatment and no known cure for hepatitis B infections.

Hepatitis B may lead to even more serious complications

For those who do get symptoms of hepatitis B, a mild or severe "flu-like" sickness may continue for weeks or months. Ten percent of all infections become long lasting (chronic) with potential complications that are sometimes more serious than those of other sexually transmitted diseases. The serious complications include the chronic carrier state, chronic active hepatitis, chronic persistent hepatitis, cirrhosis, and even cancer of the liver. Every year almost 4,000 carriers die of cirrhosis. In addition, carriers have a risk 273 times greater than that of the general population of contracting a usually fatal form of liver cancer.

Now this serious sexually transmitted disease is usually preventable by vaccination with the new hepatitis B vaccine

After more than a decade of research and development, a new vaccine is available for prevention, *not treatment*, of hepatitis B. In clinical studies, the vaccine was highly effective in preventing hepatitis B infection and was generally well tolerated. No serious adverse reactions occurred in these studies.

The vaccination regimen consists of a series of three injections, the first two a month apart and the third, six months after the first. To be effective, the vaccine must be given before a person gets hepatitis B. The vaccine helps prevent the disease: It is *not effective as a treatment*. We suggest that you consult your doctor to determine if you should be vaccinated.

**For more information
about hepatitis B and the
vaccine to prevent it, contact
your doctor, clinic, or the
American Liver Founda-
tion. 998 Pompton Avenue,
Cedar Grove, NJ 07009
(201) 857-2626.**

This message is brought to you as a public service by
The American Liver Foundation

Why you should consult your doctor or clinic

The vaccine helps protect against infection caused by hepatitis B virus. This virus is an important cause of viral hepatitis, a disease mainly of the liver. Even mild forms of this disease may lead to serious complications and aftereffects, including liver cancer. There is no specific treatment for viral hepatitis.

Vaccination is recommended for persons who have a higher risk of becoming infected with hepatitis B virus because of frequent, close contact with infected people or exposure to body fluids from such people. It will not

protect against hepatitis caused by viruses other than hepatitis B virus.

No serious adverse reactions were reported in over 6,000 individuals receiving the vaccine in clinical trials. The most frequent reaction was soreness at the point of injection; less common local reactions included redness, swelling, warmth, or formation of a hard, lumplike spot. The local effects were usually mild and lasted no more than 2 days after vaccination. Occasionally, low-grade fever (less than 101 °F) occurred. When it did, it usually lasted no longer than 48 hours following vaccination. In

rare cases, fever over 102 °F was reported.

More generalized complaints including malaise, fatigue, headache, nausea, dizziness, muscle pain, and joint pain were reported infrequently. Rash was reported rarely. As with any vaccine, broad use may reveal additional adverse reactions.

Your doctor or clinic knows what special care must be taken when administering the vaccine and in determining who should receive the vaccine. The vaccine is not intended for persons who are allergic to any of its components.